

# THE RESIDENT

The official newsletter of the UIW Feik School of Pharmacy Residency Program



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## Welcome back!

By Amanda Kitten, PharmD, MSc, BCPS, Residency Director

Hello residents, resident alumni, RAC members, and other residency supporters! We are so excited to send out our annual newsletter to you. I would like to offer my sincere thanks to Dr. Cauthon and Ms. Aubrey Levy for coordinating and compiling this newsletter. It is such a joy to see where our former residents are in their careers and share our current residents' plans.

I have had the privilege of serving as residency program director since June 2021. These three years have flown by. As I reflect on these years, it is apparent to me that we are blessed with truly awesome people, including residents, RAC members, preceptors, and support staff.

I am particularly proud of our 2024 graduates of the program, Jaycie and Markus, both of whom found jobs in their area of interest: ambulatory care and critical care, respectively.

They will be continuing their careers in exciting new institutions in the coming months! Our incoming PGY2s, Jerrica and Sara (also known as Sarrica when I am in a hurry), have already laid a strong foundation of support for our incoming PGY1s, Sophie and Nick. On the PGY1s' first day of residency, Jerrica and Sara made them welcome baskets with fun, residency-themed items.

Also, part of our strong foundation are our RAC members: Briana Williams (residency program coordinator), Tina Beck, Sarah Berman, Kim Cauthon, Christine Lam, Kathleen Lusk, and Meera Shah (our newest member!). They offer excellent support and guidance to our residents on clinical rotations, longitudinal projects, and research. They also offer our residents a shoulder to cry on and a hug (or a pat on the back if it is Dr. Cauthon offering support). Because of them, we have been able to start having monthly check-ins with the residents. In past years, I tried to meet with each resident once per month in person, but as my schedule became busier, I had to abandon the practice, and residents missed that one-on-one time. When residents commented on this, our RAC members came to the rescue! Now each resident meets with a RAC member monthly for coffee or lunch to check-in.



Two of our residents, Jaycie and Jerrica, took a trans-Atlantic adventure in May with the Health Professionals Study Abroad course. They helped chaperone students and gave excellent support to the faculty coordinating the trip. I am so proud of how they stepped up as leaders! Based on their positive experience, we are considering allowing future residents to participate in the study abroad elective.

I am very excited to see what this year brings, and I thank every one of you for being part of the UIW Pharmacotherapy Residency Family!



### **Meera Shah, PharmD, BCIDP**

**Title:** Assistant Professor of Pharmacy Practice in Infectious Diseases, and Infectious Diseases Clinical Pharmacy Specialist

**Practice site:** Methodist Stone Oak Hospital

**Why I wanted to be on RAC:** Having recently graduated from my residency program, I bring a unique and fresh perspective on the current needs and challenges faced by residents today. My firsthand experience allows me to understand the evolving landscape of residency training and the critical support systems required for residents to thrive. I am eager to contribute to the RAC by advocating for initiatives that enhance our program, foster professional growth, and challenging our residents to become the best versions of themselves!

**Specific RAC roles:** Service and Wellness

## Current Residents

### Jerrica Lilley, PharmD (2023-2025)

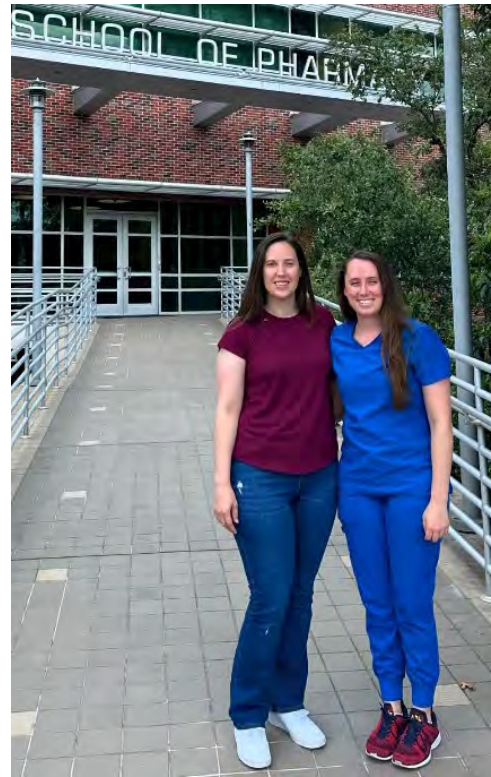
**Professional Accomplishment:** Successfully completing my first year of residency!! This has been a year of many challenges and triumphs. I've developed my first ever research project, prepared and presented my first ever CE, and survived my first year of staffing at University Hospital. I've had wonderful support from all my mentors and preceptors who have pushed me this year and I've seen myself grow both as a person and as a professional.

**Future career goals:** Obtain BCPS and work as an internal medicine clinical pharmacist.

### Sara Stashluk, PharmD (2023-2025)

**Professional accomplishment:** Successfully completed my first Controversies in Clinical Therapeutics topic and started data collection on my research project.

**Future career goals:** Present a poster at Midyear, attend ID week, and get hired as an ID pharmacist.



## Incoming Residents



### Nicholas Martin, PharmD (2024-2026)

**Doctor of Pharmacy:** University of Tennessee Health Science Center College of Pharmacy

**Current career goals:** During residency, my goal is to build upon my clinical knowledge and leadership skills. Post-residency, I intend to work as a clinical pharmacist in either infectious diseases or internal medicine.



### Sophie Rooks, PharmD (2024-2026)

**Doctor of Pharmacy:** University of the Incarnate Word Feik School of Pharmacy

**Current career goals:** Obtain a Pharmacotherapy Specialty Certification and acquire a clinical faculty position at a school of pharmacy with a focus in either critical care or emergency medicine.

## Outgoing Residents



### Markus Reedy, PharmD (2022-2024)

**Post residency job:** Acute Care Pharmacist at UT Southwestern - Dallas, TX

After a serendipitous meeting at TSHP with a clinical manager at UT Southwestern during the residency showcase, I was interviewed and hired to be an Acute Care Pharmacist at UT Southwestern in Dallas, Texas (my dream location). I will be floating through the neuro ICU, CVICU, and the ED (my dream job). I am looking forward to starting my new career, but before then, I am really looking forward to having a few margaritas on the beach in Cabo. I'm not sure what I will do with all my time after residency, but one of my goals is to buy tickets to Taylor Swift's last Era's tour show in December (fingers crossed).

### Jaycie Truong, PharmD (2022-2024)

**Post residency job:** Ambulatory Care Pharmacy Clinical Practice Specialist - Huntsville, TX

This position is 50% dedicated to patient focused activities with patients within the Texas Department of Criminal Justice. The other 50% is dedicated to population-focused activities such as formulary design, P&T, and development of guidelines. Excited to work with a new, unique patient population!

## Flashback to the Start: 2014



By Cheryl Horlen, PharmD, BCPS, Assistant Dean and Chair of Pharmacy Practice

It is hard to believe 10 years have passed since FSOP graduated our first Pharmacotherapy residents. The first graduates of this two-year program, Tina Beck and Merlyn Joseph, have paved the way for the many residents who followed in their footsteps. I was Residency Program Director at the time and can vividly remember making offers to both Tina and Merlyn to join our residency program. Neither one hesitated in accepting the position and their determination and perseverance helped make the transition into a two-year program successful. They were gracious and flexible when rotations needed to be changed or their projects were stalled. They provided helpful feedback on what worked or didn't work. In the end, both went on to find

rewarding jobs. Interestingly, both ended up in academia (Tina at the University of the Incarnate Word and Merlyn at Texas A&M University) practicing in the area of internal medicine/family medicine and teaching renal therapeutics! Comparing the residency program today to a decade ago, so much has changed. Over the last 10 years, the Pharmacotherapy Residency program has seen the formalization of a teaching certificate, staffing, and service projects, options for clinical rotations have expanded tremendously, and research projects have spanned a wide array of topics. I am so proud of what the residency program has become. I give a heartfelt thank you to the residents for the feedback they provide, the Residency Advisory Committee for their hard work managing all the different components of the program, and Rebecca Attridge and Amanda Kitten as past and current program directors for their leadership and dedication to making this residency program great!



Merlyn and Tina with fellow resident, Braden Adamson in 2014

# Recent Events



**Residents' Food Bank Volunteer Event - November 2023**

Our residents giving back. Pictured with Meera, Josh, Kim & new friend, Sara Kuntz, Josh's fiancée and soon to be Mrs. Knebel! Thank you all for your service to the community in San Antonio.



**ALCALDE - April 2024**

Networking and representing the Residency Program at ALCALDE hosted by the Kalahari Resort in Round Rock, TX.



**Study Abroad: Europe - May 2024**

Jaycie, Jerrica, alumni Kaitlen Shumate, and Sarah enjoying the sights during UIW Health Professions annual study abroad trip.

### Residency Graduation

PGY-2 residents, Markus and Jaycie together with Lt. Jacob King receiving their certificates of completion on May 31, 2024.



Kim presenting a certificate of appreciation to Kathleen for her hard work and dedication as the Teaching Certificate Program Co-Director from 2023-2024. Thank you, Kathleen!

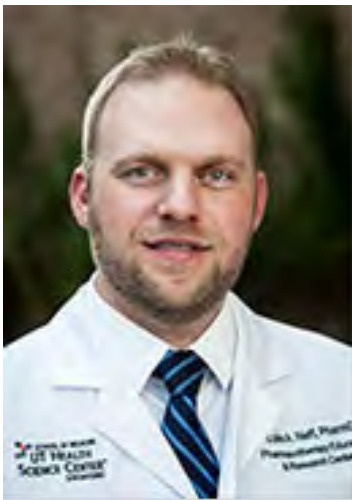


Proud of these awesome residents now clinical pharmacists!!

# Preceptor Awards

## Kimberly A.B. Cauthon, PharmD, BCGP, BC-ADM FSOP Preceptor of the Year 2024

“It was such a surprise for me to receive the preceptor of the year award because I work with such amazing pharmacists who inspire and make me better every day. Thank you to Jaycie, Markus, Sara, and Jerrica for honoring me with this award. Precepting residents is one of the most enjoyable parts of my job and I don’t think of it as work. You and all the residents before you have made me a better preceptor and person with our shared experiences.”



## Luke A. Neff, PharmD, BCEMP Preceptor of the Year 2024

I am currently the lead EM pharmacist at University Hospital, where I also serve as the PGY2 EM residency program coordinator. I really enjoy precepting the next generation of pharmacists, emergency medicine or otherwise.

Thank you and your residents for the recognition. I really enjoy being able to precept them here in the ED.

*Congratulations!*



## “Waddle” we do without you, Dr. Lusk?

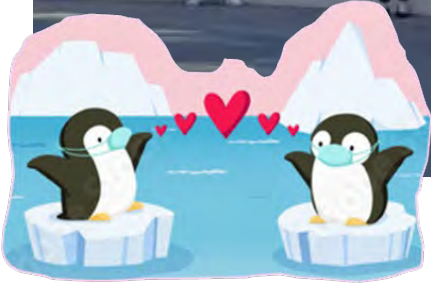


By Briana Williams, PharmD, BCPS, BCACP

Dr. Lusk has been an invaluable asset to the pharmacotherapy residency program since joining in 2014. Over the years, Kathleen has precepted at least 22 UIW residents on internal medicine or CCU rotations, providing expert guidance and mentorship. Additionally, she has precepted at least 11 resident research projects and numerous CE presentations. She served as the clinical controversies coordinator for over a decade and played a pivotal role in the teaching certificate program, helping to expand the program to outside residents. In addition, Kathleen has won preceptor of the year twice during her tenure in 2018 and 2023. Kathleen's easy-going nature, passion for teaching and mentoring, and her willingness to lend a listening ear to residents made her an integral part of the community. Her skills and knowledge were a cornerstone of the program, and her absence will be deeply felt and next to impossible to replace. As Kathleen embarks on a new journey, we extend our heartfelt gratitude for her dedication to resident education and wish her continued success in her future endeavors!







## A message from the Dean



Graduates of the FSOP Residency Program,

Another school year has come to a close. I wanted to update you on some exciting things that have happened this year at the Feik School of Pharmacy.

We graduated 73 students this year, which continues to grow our population of pharmacists. As of now, 33% of all pharmacists in Bexar County are FSOP graduates. Soon, we will have the majority of pharmacists in the county. The Class of 2023 did very well on their Boards with an 86% passing rate. This put us number 2 in the state and in the top 20% for the nation. We are wishing for the same success for the Class of 2024 on their Boards. We will not know the results until December.

Most of our graduates found employment before graduating, and we have a 99% employment rate for our graduates who chose to practice pharmacy. Some of the Class of 2024 decided to go on to do residencies. We had our highest match rate with 85% of those seeking residencies getting them.

We are very proud of our success at getting reaccredited. The PharmD program got the maximum eight years of reaccreditation. The Pharmacy Continuing Education program received the maximum of six years, and the Pharmacy Technician program received its first accreditation.

We have been doing very good at fundraising. Along with the multiple gifts from alumni, Stonegate Pharmacy pledged \$235,000 to remodel our sterile compounding laboratory. CVS has given us \$60,000 to continue our pipeline program to admit students from the Rio Grande Valley.

Please feel free to contact me at any time with comments or questions about the school. I think we are on an upward trajectory and are looking forward to having 80 new students in August. I wish you a wonderful summer that is hopefully not too hot.

Good luck in your careers,  
Dr. Maize



Do you have exciting news to share? We want to hear from you! Submit your pictures, news, and updates to Dr. Kim Cauthon at: [cauthon@uiwtx.edu](mailto:cauthon@uiwtx.edu)



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