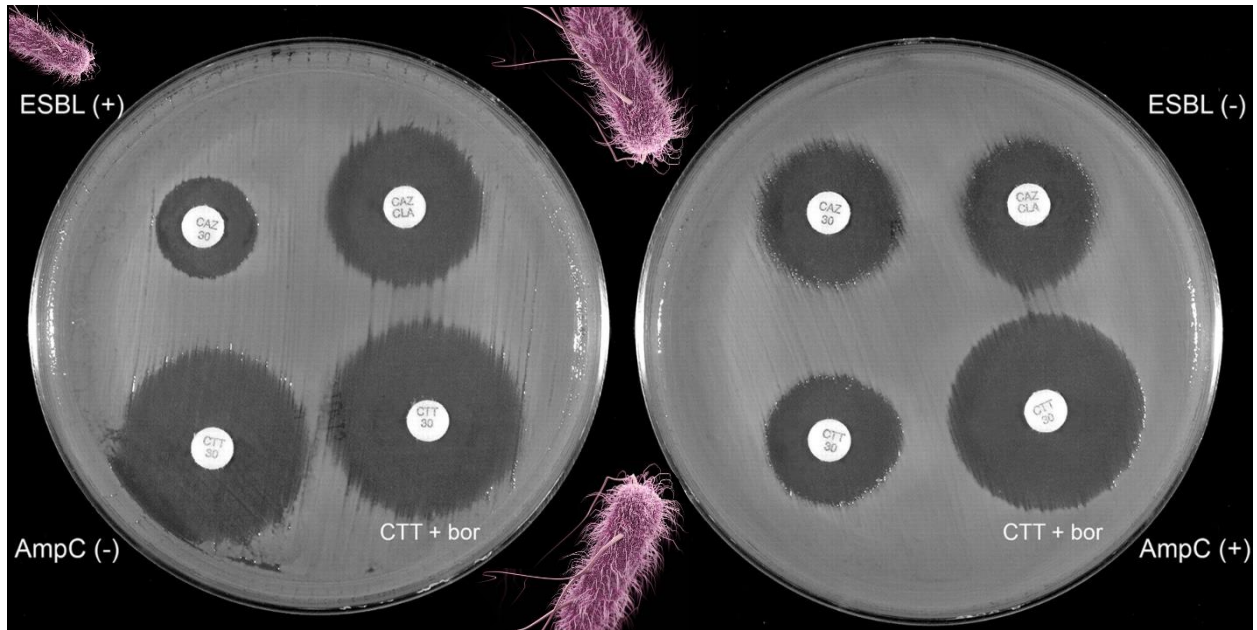


β -lactam/ β -lactamase Inhibitors for the Treatment of Infections Caused by Extended-Spectrum β -Lactamase (ESBL)-producing Enterobacteriaceae



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Learning Objectives

At the completion of this activity, the participant will be able to:

1. Describe different classes of β -lactamases produced by gram-negative bacteria.
2. Identify β -lactamase inhibitors and their spectrum of inhibition of β -lactamases.
3. Evaluate the evidence for use of β -lactam/ β -lactamase inhibitors compared to carbapenems for treatment of ESBL infections.

1. A Brief History of the Universe

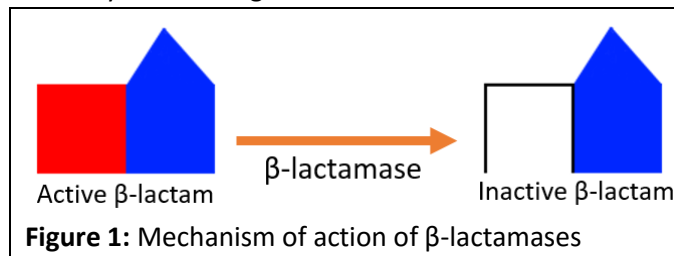
A. Timeline: 1940s

a. β -lactams and β -lactamases

- i. Sir Alexander Fleming discovered penicillin from *Penicillium notatum* (now *Penicillium chrysogenum*) in 1928.^{1,2}
- ii. Chain, Florey, et al isolated penicillin in 1940, leading to its commercial production.³
- iii. First β -lactamase was described as a penicillinase in *Escherichia coli* in 1940.⁴
- iv. Giuseppe Brotzu discovered cephalosporin C from the mold *Cephalosporin acremonium* (now *Acremonium chrysogenum*) in 1945, but cephalosporins were not clinically used for another 2 decades.^{2,5}

b. What are β -lactamases?

- i. β -lactamases are enzymes that hydrolyze the amide bond of the β -lactam ring, thereby inactivating them.⁶



- ii. β -lactamase production is the principal mechanism by which gram-negative bacteria resist β -lactam antibiotics.⁶
- iii. β -lactamases are encoded by:
 1. Chromosomal genes
 2. Transferable genes such as plasmids and transposons

B. Timeline: 1960s

a. β -lactams and β -lactamases

- i. Ampicillin was introduced in 1961.⁷
- ii. The first cephalosporin, cephalothin, was introduced for clinical use in 1964.^{8,9}
- iii. The first plasmid-mediated β -lactamase, TEM-1 (named after a Greek patient, Temoniera) emerged in 1963, causing ampicillin resistance in the 1960s.^{10,11}
- iv. TEM-1 confers resistance to penicillins and early cephalosporins.¹⁰

b. The Ambler molecular classification of β -lactamases was introduced in 1969.¹²

- i. This classification is based on amino-acid structure homology.¹³
- ii. Class A, C, and D β -lactamases hydrolyze the β -lactam ring through a serine residue at the active site.
- iii. Class B metallo- β -lactamases use zinc to break the amide bond.

c. What are β -lactamase inhibitors?¹⁴

- i. Research on compounds that could inhibit β -lactamases began in mid-1960s.
- ii. Most are structurally similar to penicillin.
- iii. They bind β -lactamases and protect the active antibiotic from inactivation.
- iv. β -lactamase inhibitors alone generally have weak activity against bacteria.

C. Timeline: 1970s

- a. β -lactams and β -lactamases
 - i. Cefazolin was introduced in 1973.^{9,15}
 - ii. Natural carbapenems, car from *Erwinia carotovora* and thienamycin (1976) from *Streptomyces cattleya*, were discovered but not clinically used at this time.^{2,16}
 - iii. Monobactam, nocardicin A, was discovered from *Nocardia uniformis* in 1977.^{2,17}
 - iv. Second-generation cephalosporins, cefamandole and cefuroxime, were introduced in 1978.⁹
 - v. The first cephamycin, cefoxitin, was introduced in 1979.⁹
- b. β -lactamases inhibitors
 - i. Clavulanate (clavulanic acid)
 - 1. Clavulanate was identified from *Streptomyces clavuligerus* in 1972.¹³
 - 2. It can induce AmpC in some bacteria.¹⁸
 - ii. Sulbactam
 - 1. Sulbactam is semisynthetic and was identified in 1978.
 - 2. It has poor activity against TEM and SHV enzymes and weakly inhibits CTX-M enzymes.^{13,19}

D. Timeline: 1980s

- a. β -lactams and β -lactamases
 - i. In early 1980s, many new antibiotics including third-generation cephalosporins, cefotaxime, ceftazidime, and ceftriaxone, were introduced in an effort to cope with the growing problems of β -lactamase-producing bacteria.^{9,10}
 - ii. Imipinem-cilastatin (N -formimidoyl thienamycin) was the first carbapenem approved for clinical use in the U.S. in 1985.¹⁶
 - iii. Aztreonam was approved in the U.S. in 1986.²⁰
 - iv. In 1985, the first ESBL was described in a *Klebsiella* spp isolate producing sulfhydryl variable (SHV) β -lactamase that hydrolyzed third generation cephalosporins and monobactams.²¹
- b. What are extended-spectrum β -lactamases (ESBLs)?
 - i. ESBLs are defined by the capability to hydrolyze extended-spectrum cephalosporins and monobactams, and their susceptibility to β -lactamase inhibitors, but yet not hydrolyzing cephamycins and carbapenems.²²

Class	Enzyme type	Substrates	Example
A	Penicillinases	Penicillins and narrow-spectrum cephalosporins	PC1 (<i>S. aureus</i>)
			TEM-1 (Enterobacteriaceae)
			SHV-1 (Enterobacteriaceae)
	Extended Spectrum β -Lactamases (ESBLs)	As above plus oxyimino- β -lactams and aztreonam	TEM type (Enterobacteriaceae)
			SHV type (Enterobacteriaceae)
			CTX-M type (Enterobacteriaceae)
			PER-1, VEB-1, VEB-2, GES-1, GES-2, IBC-2 (<i>P. aeruginosa</i>)
	Carbapenemases	Carbapenems	KPC-1, KPC-2, KPC-2
			NMC/IMI
SME family			

Table 1 continued			
Class	Enzyme type	Substrates	Example
B	Carbapenemases	All β -lactams except monobactam	NDM-1 (Enterobacteriaceae)
			IMP, VIM, GIM, SPM, SIM (<i>P. aeruginosa</i> & <i>Acinetobacter</i> spp.)
C	Cephalosporinases	Substrates of ESBLs plus cephamycins	AmpC-type (Enterobacteriaceae & <i>Acinetobacter</i> spp.)
D	Oxacillinases	Penicillins	OXA-family (<i>P. aeruginosa</i>)
	ESBLs	Extended-spectrum cephalosporins	OXA-family (<i>P. aeruginosa</i>)
	Carbapenemases	Carbapenems	OXA-family (<i>Acinetobacter</i> spp.)

ii. ESBLs are generally divided into 4 groups:²³

1. TEM-derived
 - a. There are more than 200 TEM-derived ESBLs.
 - b. TEM-3, reported in 1988, was the first TEM-derived ESBL.²⁴
 - c. Majority of these enzymes remain susceptible to inhibition by clavulanic acid and tazobactam.
 - d. Inhibitor-resistant enzymes have been described (e.g., TEM-30).²⁵
2. SHV-derived
 - a. They have similar structure to TEM (68% of amino acids are shared).⁶
 - b. They are primarily found in *K. pneumoniae*.
 - c. Inhibitor-resistant enzymes have been described (e.g., SHV-10).²⁵
3. CTX-M-derived²⁶
 - a. CTX-M enzymes are the most prevalent type of ESBL enzymes in the U.S. and Europe, exceeding 50 different types.²⁷⁻²⁹
 - b. They originated from the *Kluyvera* spp of environmental bacteria.
 - c. They are not related to TEM or SHV.
 - d. They have nearly displaced other ESBL enzymes in Enterobacteriaceae.³⁰
 - e. They usually have greater activity against cefotaxime than ceftazidime.
 - f. They are inhibited more by tazobactam than by clavulanic acid and sulbactam.³¹
 - g. CTX-M-15 is often concurrently expressed with OXA-1.³²
4. OXA-derived³¹
 - a. They are poorly inhibited by clavulanate or tazobactam.
 - b. They are mainly described in *P. aeruginosa*.
 - c. OXA-1 is often concurrently expressed with CTX-M-15.³²

- c. β -lactamases inhibitors
 - i. Tazobactam¹³
 1. Tazobactam was identified in 1984.³³
 2. It has a similar structure to sulbactam.
 3. Tazobactam has remained 10- to 25-fold more active than clavulanic acid against specific inhibitor-resistant mutants of TEM.³⁴
 4. Tazobactam is a potent inhibitor of most CTX-M ESBLs, however CTX-M-15 is often resistant due to the concurrent expression of OXA-1.^{28,29}
- E. Timeline: 1990s
 - a. β -lactams and β -lactamases
 - i. Meropenem was approved for use in the U.S. in 1996.¹⁶
 - ii. Piperacillin-tazobactam was approved.³⁵
 - iii. There was an outbreak of ESBL-producing *Klebsiella* spp. in a community hospital in Queens, NY.³⁶
 - iv. Decreasing the use of third-generation cephalosporins and increasing the use of imipenem-cilastatin or piperacillin-tazobactam has been associated with a significant decrease in the isolation of ESBL-producing bacteria.^{36,37}
 - b. Bush-Jacoby-Medeiros classification of β -lactamases was introduced in 1995.³⁸
 - i. This classification is according to substrate profile and susceptibility to β -lactamase inhibitors.
- F. Timeline: 2000s
 - a. β -lactams and β -lactamases
 - i. Ertapenem was approved for use in the U.S. in 2001.¹⁶
 - ii. Doripenem was approved for use in the U.S. in 2007.³⁹
 - iii. ESBLs
 1. Since 2000, there has been a global increase in CTX-M type ESBLs in both community-acquired *E. coli* and nosocomial *Klebsiella* spp.^{40,41}
 2. Large surveillance studies of intra-abdominal infections (SMART 2007-2009)^{42,43}
 - a. ESBLs were present in 67-79% of isolates in India.
 - b. ESBLs were present in 55-65% in China.
 3. Isolates from patients with appendicitis in 39 countries (SMART 2008-2010)⁴⁴
 - a. ESBL rate was highest in the Asia-Pacific region (28%), excluding India.
 - b. ESBL rate was lowest in Europe (4.4%).
 - c. ESBL rate was less than 10% in North America.
 - d. Global mean was 16.3%.

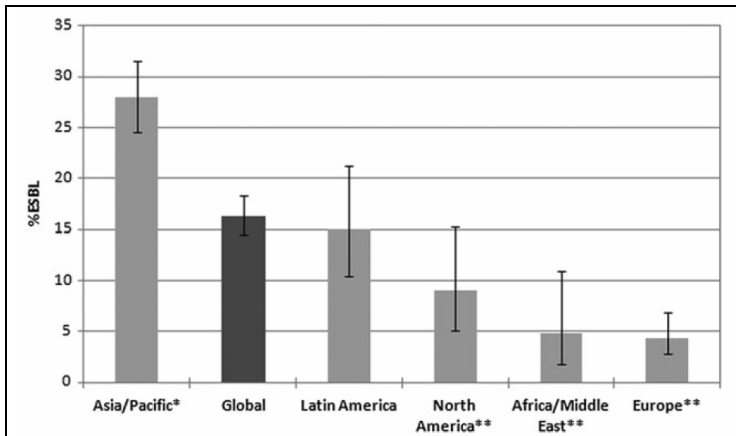


Figure 2. Proportion of ESBL-positive isolates with 95% confidence intervals among *E. coli*, *K. pneumoniae*, *K. oxytoca*, and *P. mirabilis* combined, by global region.⁴⁴ *%ESBL-positive significantly higher than average of the other regions combined. **%ESBL-positive significantly lower than the average of the other regions combined. Note: 2010 data for Asia/Pacific exclude India, from which isolates were not available.

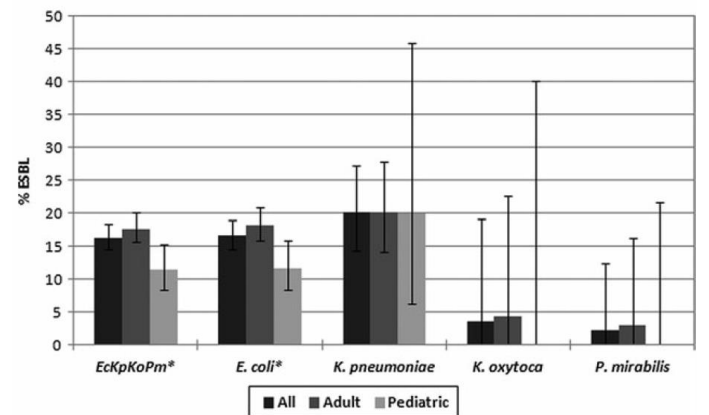


Figure 3. Proportion of ESBL-positive isolates by bacterial species with 95% confidence intervals.⁴⁴ *%ESBL-positive isolates significantly higher in adult than in pediatric patients.

iv. How are ESBL infections treated?

1. Carbapenems are usually recommended as first-line therapy for serious infections caused by ESBL producers.⁴⁵
2. No randomized controlled trials have ever been performed to guide optimal treatment.^{23,46}
3. *In vitro* studies and observational studies suggest that carbapenems (imipenem or meropenem) should be regarded as drugs of choice for serious infections due to ESBL-producing organisms.^{44,46-53}
 - a. ESBL-producing *E. coli* isolates were 97-100% susceptible to carbapenems.
 - b. ESBL-producing *K. pneumoniae* isolates were 61-100% susceptible to carbapenems.
4. Based on observational studies, prognosis for patients treated with carbapenems is better than those treated with cephalosporins and fluoroquinolones.²³
5. Burgess et al (2003) conducted a 2-year observational study at University Hospital in San Antonio, TX, consisting of 18 patients with ESBL-positive isolates.⁵⁴
 - a. 3/18 (17%) died and 6/18 (33%) failed treatment.
 - b. All 3 patients treated with a carbapenem had clinical cure.
 - c. Only 6/11 (55%) treated with piperacillin-tazobactam had successful outcome.
 - d. This was a small uncontrolled study, with isolates from a range of clinical samples, and no adjustment for comorbidities.

6. Paterson et al (2004)^{55,56}

Table 2: Antibiotic Therapy for <i>Klebsiella pneumoniae</i> Bacteremia: Implications of Production of Extended-Spectrum β -Lactamases. ^{55,56}				
Objective	• To describe experience with various agents in the treatment of serious infections due to ESBL-producing organisms			
Design	• Prospective observational international study in 7 countries			
Population	• 440 patients older than 16 years with positive blood cultures for <i>K. pneumoniae</i> between January 1, 1996 and December 31, 1997			
Endpoints	• All-cause mortality within 14 days			
Methods	<ul style="list-style-type: none"> • The χ^2-test or Fisher's exact test were used to compare categorical variables • Student's t-test or the Mann-Whitney <i>U</i> test was used for continuous variables • A logistic regression model was used to estimate the effects of multiple factors associated with mortality 			
Baseline Characteristics	• Production of ESBLs by <i>Klebsiella pneumoniae</i> is widespread nosocomial problem			
	Variable	Carbapenem (n = 42)	No-carbapenem (n = 29)	P
	Male sex	28 (66.7)	14/29 (48.3)	.15
	Underlying disease			
	Neutropenia	3 (7.1)	0 (0)	.27
	Any immunocompromise	24 (57.1)	7/29 (24.1)	.006
	Renal failure	11 (27.5)	10 (35.7)	.47
	Any significant underlying disease	33 (78.6)	21 (72.4)	.55
	Underlying source of infection			
	Pneumonia	9 (21.4)	7 (24.1)	.79
	Intra-abdominal infection	6 (14.3)	10 (34.5)	.08
	Urinary tract infection	8 (19.0)	2 (6.9)	.18
	Wound infection	4 (9.5)	1 (3.4)	.64
	Other source	7 (16.7)	2 (6.9)	.29
	Severity-of-illness marker			
Admission to ICU	15 (35.7)	13 (44.8)	.47	
APACHE III score, mean \pm SD	71.7 \pm 16	59.2 \pm 23	.16	
Previous LOS, median days	11.5	15.0	.16	
Results	<ul style="list-style-type: none"> • 455 episodes of <i>K. pneumoniae</i> bacteremia (253 [55.6%] nosocomial episodes) <ul style="list-style-type: none"> ○ 18.7% (85/455) episodes due to ESBL-producing organisms ○ 30.8% (78/253) episodes of nosocomial bacteremia due to ESBL-producing organisms ○ 43.5% (30/69) episodes acquired in ICU due to ESBL ○ 49 episodes treated with monotherapy • Overall mortality rate by 14 days after onset: 24% (61/253) • All-cause death within 14 days <ul style="list-style-type: none"> ○ Carbapenem: 1/27 ○ Ciprofloxacin: 4/11 ○ Cephalosporin: 2/5 ○ BL/BLIs: 2/4 ○ Amikacin: 0/2 • Carbapenem v non-carbapenem 			

	<ul style="list-style-type: none"> ○ Mortality at 14 days: OR 0.048 (95% CI, 0.0009-0.688; p=0.009) • Previous administration of oxyimino β-lactams was associated with bacteremia due to ESBL-producing strains: RR 3.9 (95% CI, 1.1-13.8)
Author's conclusions	<ul style="list-style-type: none"> • Use of carbapenem (primarily imipenem) was associated with a significantly lower 14-day mortality than was use of other antibiotics active <i>in vitro</i>
Strengths	<ul style="list-style-type: none"> • Prospective study • International study conducted in 7 countries
Weaknesses	<ul style="list-style-type: none"> • Observational study with potential confounders • Propensity scores were not calculated • Bacteremia due to <i>E. coli</i> were not included • Minimum inhibitory concentrations (MICs) and dosing information unavailable • Supportive care in 1990s vs now
Take Home Points	<ul style="list-style-type: none"> • Carbapenems seem to be superior to non-carbapenem antibiotics for treatment of bloodstream infections caused by ESBL-producing <i>K. pneumoniae</i> • However, there were only 4 patients in the study receiving BL/BLIs • Bloodstream infections caused by ESBL-producing <i>E. coli</i> were not evaluated • The study was conducted in late 1990s when supportive care may have been different than it is today

v. CREs

1. In 2001, the first case of *Klebsiella pneumoniae* carbapenemase (KPC)-producing Enterobacteriaceae in the U.S. was reported in North Carolina.⁵⁷
2. In 2002, a surveillance study in New York found that 9 of 602 known types of *Klebsiella pneumoniae* isolates produced KPC.⁵⁸
3. In 2004, there were two hospital outbreaks in New York, and an additional 20 KPC-producing isolates were identified.^{59,60}
4. Increased use of carbapenems resulted in increased incidence of CRE-related infections worldwide.⁶¹

vi. What are carbapenem-resistant Enterobacteriaceae (CREs)?

1. Enterobacteriaceae resistant to carbapenems by producing carbapenemases and other resistance mechanisms.
2. Increased use of carbapenems creates selection pressure for carbapenems resistance.⁶²
3. Carbapenemase-producing CRE carry antimicrobial resistance genes on mobile plasmids that can move between organisms.⁶¹

b. β -lactamase inhibitors:

i. Avibactam^{63,64}

1. Avibactam belongs to the novel diazabicyclooctane class.
2. It is a non- β -lactam β -lactamases inhibitor.

G. Timeline: 2010s

a. ESBLs

- i. 2013 CDC report in the U.S.⁶⁵
 1. 19% of all health-care-related infections caused by ESBL-producing Enterobacteriaceae.
 2. 23% of *Klebsiella* spp.: 17,000 infections and 1100 deaths yearly.
 3. 14% of *E. coli*: 9,000 infections and 600 deaths yearly.
 4. 26,000 infections and 1700 deaths every year.
- ii. ESBL-producing pathogens in the U.S. hospitals (SENTRY 2010):³¹
 1. *E. coli*: 81/195 (42%)
 - a. CTX-M family: 41/81 (42%).
 - b. CTX-M family is the predominant ESBL in Europe and the U.S.^{28,29}
 2. *K. pneumoniae*: 71/195 (36%)
 - a. CTX-M family: 24/71 (33.8%).
 - b. SHV-type enzymes are common in *K. pneumoniae*.
 - c. CTX-M-producing *K. pneumoniae* used to be rare in the U.S., but seems to be increasing in prevalence to as high as 33.8%.³¹
 - d. One institution in New York City reported CTX-M prevalence of 26.4% during 2010-2012, up from 1.7% during 2005-2009.⁶⁶
- iii. ESBL producers are common in nosocomially acquired infections as well as in the community and especially in a health-care context, such as residential care facilities.⁶⁷⁻⁷⁰

b. CREs

- i. Cases of *K. pneumoniae* carbapenemase (KPC)-producing CRE have been reported in almost every state.⁶¹
- ii. 2013 CDC report: 9,000 infections (88% *Klebsiella* spp.) and 600 deaths every year.⁶⁵
- iii. Guh et al (2015) – Epidemiology of Carbapenem-Resistant Enterobacteriaceae in 7 US Communities, 2012-2013.⁶¹
 1. Metropolitan areas were in Georgia, Minnesota, Oregon, Colorado, Maryland, New Mexico, and New York.
 2. Among 599 CRE cases in 481 individuals, 520 (87%) were isolated from urine and 68 (11%) from blood.
 3. The overall annual CRE incidence rate per 100,000 population was **2.93** (95% CI, 2.65-3.23).
 4. Most cases occurred in individuals with prior hospitalization (75%) or indwelling devices (73%).
 5. Death occurred in 51 cases (9%; 95%CI, 6.6-11.4).
 6. Of 188 isolates tested, 90 (48%) produced a carbapenemase.
- iv. For comparison:
 1. MRSA: 25.1 per 100,000 population.⁷¹
 2. Invasive candidiasis: 13.3-26.2 per 100,000 population.⁷²
 3. *Clostridium difficile*: 147.2 per 100,000 population.⁷³

2. What is the controversy?

A. Problem

- c. ESBLs in gram-negative bacteria have emerged as a major global public health concern in past decades.²³
- d. The rapid evolution and dissemination of β -lactamases is believed to have occurred via selection pressure because of the widespread use of antibiotics in human and veterinary medicine, and food production.⁷⁴

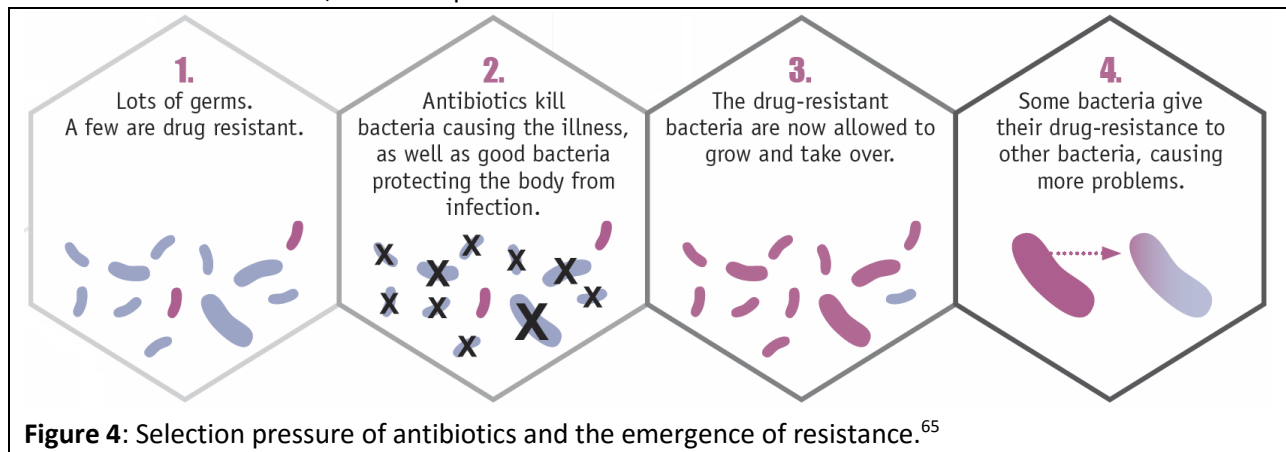


Figure 4: Selection pressure of antibiotics and the emergence of resistance.⁶⁵

- a. A strong risk factor for infection with carbapenems-resistant bacteria is previous use of a carbapenem.⁷⁵ Even brief exposure to a carbapenem increases the risk of colonization with imipenem-resistant gram-negative bacteria in patients in ICU.⁷⁶
- e. Use of carbapenem has been accompanied by the emergence of carbapenem resistance and increases in *Acinetobacter*⁷⁷ and *Stenotrophomonas*⁷⁸ infections.⁷⁹
- f. A new challenge of carbapenem resistance is emerging largely mediated by the efficient spread of carbapenemases.⁸⁰

B. Proposed solution

- a. Can we use β -lactam/ β -lactamase inhibitors (BL/BLIs) for treatment of ESBL infections to spare carbapenems?
- b. BL/BLIs might be a reasonable carbapenem-sparing option.
 1. Some authors do not recommend their use.⁴⁵
 2. Others consider them a useful alternative.⁸¹

3. β -lactam/ β -lactamase inhibitors

A. Spectrum of activity of β -lactamase inhibitors:¹³

Inhibitor	Spectrum	Intrinsic activity
Clavulanic acid	Class A penicillinases	<i>H. influenzae</i> and <i>N. gonorrhoeae</i>
	Class A ESBLs	
Tazobactam	Class A penicillinases	<i>Borrelia burgdorferi</i>
	Class A ESBLs	
	Class C (some)	
Sulbactam	Class A penicillinases	<i>Bacteroides</i> spp., <i>Acinetobacter</i> spp., and <i>N. gonorrhoeae</i>
	Class A ESBLs	
Avibactam (NXL104)	Class A penicillinases	
	Class A ESBLs	
	Class A carbapenemases	
	Class C (some)	
	Class D (some)	
Relebactam (MK-7655)	Class A penicillinases	
	Class A ESBLs	
	Class A carbapenemases	
	Class C (some)	
RPX7009	Class A penicillinases	
	Class A ESBLs	
	Class A carbapenemases	
	Class C (some)	

B. Currently available β -lactam/ β -lactamase inhibitors in the U.S.¹⁴

- a. Amoxicillin/clavulanate
- b. Ampicillin/sulbactam
- c. Piperacillin/tazobactam
- d. Ceftolozane/tazobactam
- e. Ceftazidime/avibactam

C. Pharmacokinetic-pharmacodynamic (PK-PD) target attainment

- a. There is concern that conventional dosing with BL/BLIs might not always achieve adequate PK-PD indices.³²
- b. Why does PK-PD target attainment matter?
 - i. For β -lactams, the time during which the free serum drug concentration exceeds the MIC of the drug for the organism ($fT > MIC$) appears to be the best predictor of outcomes.^{82,83}

β -lactam	PK-PD target
Aztreonam	50% $fT > MIC$
Carbapenems	40% $fT > MIC$
Cephalosporins	60% $fT > MIC$
Penicillins	50% $fT > MIC$

- ii. Near-maximal bactericidal effect (-3 log kill) is achieved when $fT > MIC$ is approximately 40-50% of the dosing interval for the penicillins.^{32,83}
- iii. Animal model studies suggest that the PK-PD target associated with efficacy in treatment of ESBL-producing organisms is the same as that in therapy against non-ESBL-producing bacteria (50% $fT > MIC$).⁹²
- iv. ESBL production does not seem to alter PK-PD targets.
- c. Prolonged infusion of piperacillin-tazobactam over 4 hours
 - i. May be necessary for critically ill patients.⁹³
 - ii. May be associated with decreased mortality (RECEIPT Study).⁹⁴
- d. Shea et al compared pharmacodynamics of intermittent and prolonged infusions of piperacillin/tazobactam using Monte Carlo simulations and steady-state pharmacokinetic data from hospitalized patients.⁹⁵

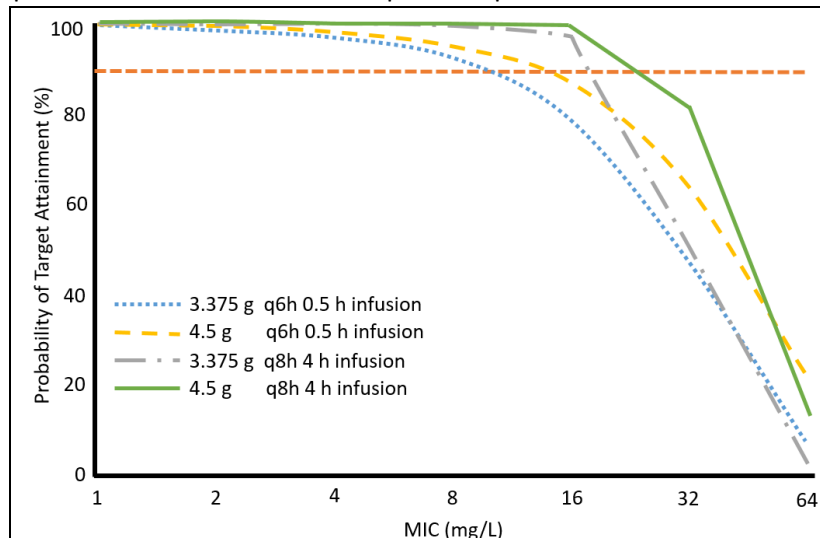


Figure 5: Probability of target attainment with various piperacillin-tazobactam dosing strategies.⁹⁵

- e. Lodise et al: Piperacillin-tazobactam 3.375g IV infused over 0.5h every 6 hours associated with >90% target attainment when $MIC \leq 8$ mg/L.⁸²
- D. MIC distribution of piperacillin-tazobactam in *E. coli* and *K. pneumoniae* isolates
 - a. MICs of BL/BLIs might vary according to⁹⁶
 - i. ESBL production
 - ii. Membrane permeability of strains
 - iii. Amount of β -lactamase produced
 - iv. The rate of enzyme synthesis

Table 5: Intra-abdominal Isolates from SMART – North America (2010-11) ⁴⁸				
Organism	<i>E. coli</i> (non-ESBL)	<i>E. coli</i> (ESBL)	<i>K. pneumoniae</i> (non-ESBL)	<i>K. pneumoniae</i> (ESBL)
Isolates	1507	136	636	62
Susceptibility to piperacillin-tazobactam	96%	78%	93%	34%
MIC ₅₀	≤ 2	4	≤ 2	>64
MIC ₉₀	4	>64	16	>64

4. Evaluation of the Evidence

- A. Systematic Reviews and Meta-Analyses
 a. Vardakas et al (2012)⁹⁷

Table 6: Carbapenems versus Alternative Antibiotics for the Treatment of Bacteraemia Due to Enterobacteriaceae Producing Extended-spectrum β-lactamases: A Systematic Review and Meta-Analysis.⁹⁷	
Objective	<ul style="list-style-type: none"> To study the comparative mortality associated with carbapenems and alternative antibiotics for the treatment of patients with ESBL-positive Enterobacteriaceae bacteremia
Design	<ul style="list-style-type: none"> A systematic review and meta-analysis of 21 studies
Population	<ul style="list-style-type: none"> 1584 patients with bacteremia due to ESBL-positive Enterobacteriaceae
Endpoints	<ul style="list-style-type: none"> <u>Primary analysis</u>: Comparative all-cause mortality of patients receiving carbapenems or alternative antibiotics for bacteremia due to ESBL-positive Enterobacteriaceae as empirical or definitive treatment <u>Secondary analysis</u>: BL/BLIs were compared with non-BL/BLIs
Methods	<ul style="list-style-type: none"> Scopus and PubMed databases were searched until January 2012 Any published article reporting data on mortality of patients with bacteremia due to ESBL-positive Enterobacteriaceae was eligible Patients of all ages with community-, hospital- and healthcare-associated bacteremia were eligible Studies in which all patients received only carbapenems were excluded Studies that included infections other than bacteremia were excluded Case reports and abstracts from conferences were excluded Pooled risk ratios (RRs) and 95% confidence intervals (CIs) were calculated Statistical heterogeneity between studies was assessed using a χ^2-test ($P < 0.10$) and I^2 to denote the degree of heterogeneity The Mantel-Haenszel (M-H) fixed-effect model (FEM) was used when no significant statistical heterogeneity between the studies; otherwise, the DerSimonian-Laird random-effect model (REM) was used Publication bias was assessed by the funnel plot method The Newcastle-Ottawa scale for assessment of risk of bias in non-randomized studies was used
Results	<ul style="list-style-type: none"> Appropriate empirical treatment ranged from 22-100% Mortality did not differ between patients treated with carbapenems and BL/BLIs <ul style="list-style-type: none"> Definitive therapy: RR 0.52 (95% CI, 0.23-1.13) Empiric therapy: RR 0.91 (95% CI, 0.66-1.25) Carbapenem vs non-BL/BLI <ul style="list-style-type: none"> Definitive: RR 0.65 (95% CI, 0.47-0.91) Empiric: RR 0.50 (95% CI, 0.33-0.77) Several patients who were treated empirically with a BL/BLI subsequently received a carbapenem
Author's Conclusion	<ul style="list-style-type: none"> The role of BL/BLIs should be further evaluated for definitive treatment
Strengths	<ul style="list-style-type: none"> Included studies from Asia, Europe, and America Assessed risk of bias using the Newcastle-Ottawa scale

Weaknesses	<ul style="list-style-type: none"> • Analysis according to specific species lacking (e.g., <i>E. coli</i> vs <i>K. pneumoniae</i>) • MIC distribution of isolates unavailable • Breakdown of the BL/BLI group in terms of what proportion of patients received piperacillin/tazobactam or other BL/BLIs lacking • Dosing strategies unknown • Individual patient data unavailable • Most studies included were single-center studies • Limited by considerable heterogeneity in the trials included • Publication bias was present • Several studies included in the analysis reported mortality data unadjusted for potential confounders • Did not report outcomes on adequate treatment, correct dosing, and sufficient duration of administration
Take Home Points	<ul style="list-style-type: none"> • No difference in mortality was observed between carbapenems and BL/BLIs for definitive treatment • Difficult to draw a conclusion due to significant heterogeneity in the results of definitive therapy • It is not clear if the results are applicable to bacteremia caused by <i>K. pneumoniae</i> • Several studies included in the analysis reported mortality data unadjusted for potential confounders • Randomized clinical trials are desirable

b. Rodriguez-Bano et al (2012)⁹⁸

Table 7: β-Lactam/β-Lactam Inhibitor Combinations for the Treatment of Bacteremia Due to Extended-Spectrum β-Lactamase-Producing <i>Escherichia coli</i>: A Post Hoc Analysis of Prospective Cohorts.⁹⁸	
Objective	<ul style="list-style-type: none"> • To evaluate the outcomes of patients with bloodstream infections (BSIs) caused by ESBL-producing <i>E. coli</i> (ESBL-EC) who had been treated with BL/BLIs or carbapenems
Design	<ul style="list-style-type: none"> • A <i>post hoc</i> analysis of individual patients with BSI due to ESBL-EC • From 6 previously published prospective cohort studies carried out in Spain
Population	<ul style="list-style-type: none"> • Age > 17 years with clinically significant monomicrobial bacteremia (ESBL-EC alone) along with criteria for sepsis and therapy with a BL/BLI or a carbapenem for at least 48 hours
Endpoints	<ul style="list-style-type: none"> • The main outcome variable was mortality at 7, 14, and 30 days • Length of hospital stay after BSI was also evaluated
Methods	<ul style="list-style-type: none"> • The empirical therapy cohort (ETC) included patients who received empirical therapy with BL/BLI or carbapenem in monotherapy, whose first dose given during the first 24 hours after blood culture drawn and the isolate was susceptible • The definitive therapy cohort (DTC) included patients receiving definitive monotherapy with an active BL/BLI or carbapenem for at least 50% of total duration of antimicrobial therapy • Mortalities at days 7, 14, and 30 were compared using χ^2-test • To control for confounding, multivariate analysis was performed by Cox regression • Potential confounders and interactions were added using a forward method

	<ul style="list-style-type: none"> • The propensity score-the probability of receiving carbapenem as empirical therapy-was calculated using a nonparsimonious multivariate logistic regression model • The validity of the model was assessed by estimating goodness-of-fit to the data with the Hosmer-Lemeshow test and its discrimination ability with the area under the receiver operating characteristic curve 																																																							
Baseline Characteristics	<table border="1"> <thead> <tr> <th rowspan="2">Characteristic</th> <th colspan="3">Definitive Therapy Cohort</th> </tr> <tr> <th>BLBLI (n = 54)</th> <th>Carbapenem (n = 120)</th> <th>P</th> </tr> </thead> <tbody> <tr> <td>Age, median y (IQR)</td> <td>67 (56–83)</td> <td>70 (55–78)</td> <td>.3</td> </tr> <tr> <td>Male sex</td> <td>34 (63)</td> <td>70 (58.3)</td> <td>.5</td> </tr> <tr> <td>Nosocomial acquisition</td> <td>18 (33.3)</td> <td>67 (55.8)</td> <td>.006</td> </tr> <tr> <td>Charlson index, median, (IQR)</td> <td>2.5 (1–5)</td> <td>3 (1–5)</td> <td>.5</td> </tr> <tr> <td>Cancer</td> <td>15 (27.8)</td> <td>43 (35.8)</td> <td>.2</td> </tr> <tr> <td>Immunosuppression</td> <td>3 (5.6)</td> <td>15 (12.5)</td> <td>.1</td> </tr> <tr> <td>Neutropenia</td> <td>0</td> <td>7 (5.8)</td> <td>.1</td> </tr> <tr> <td>Urinary or biliary tract as source</td> <td>42 (77.8)</td> <td>79 (65.8)</td> <td>.1</td> </tr> <tr> <td>ICU admission</td> <td>4 (7.4)</td> <td>18 (15.4)</td> <td>.1</td> </tr> <tr> <td>Severe sepsis or shock at presentation</td> <td>8 (14.8)</td> <td>32 (26.7)</td> <td>.08</td> </tr> <tr> <td>Pitt score, median (IQR)</td> <td>1 (0–2)</td> <td>1 (1–2)</td> <td>.04</td> </tr> <tr> <td>CTX-M enzyme</td> <td>43 (82.7)</td> <td>95 (81.2)</td> <td>.8</td> </tr> </tbody> </table>	Characteristic	Definitive Therapy Cohort			BLBLI (n = 54)	Carbapenem (n = 120)	P	Age, median y (IQR)	67 (56–83)	70 (55–78)	.3	Male sex	34 (63)	70 (58.3)	.5	Nosocomial acquisition	18 (33.3)	67 (55.8)	.006	Charlson index, median, (IQR)	2.5 (1–5)	3 (1–5)	.5	Cancer	15 (27.8)	43 (35.8)	.2	Immunosuppression	3 (5.6)	15 (12.5)	.1	Neutropenia	0	7 (5.8)	.1	Urinary or biliary tract as source	42 (77.8)	79 (65.8)	.1	ICU admission	4 (7.4)	18 (15.4)	.1	Severe sepsis or shock at presentation	8 (14.8)	32 (26.7)	.08	Pitt score, median (IQR)	1 (0–2)	1 (1–2)	.04	CTX-M enzyme	43 (82.7)	95 (81.2)	.8
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Results	<ul style="list-style-type: none"> • Mortality <ul style="list-style-type: none"> ○ Empiric BL/BLIs: HR 1.14 (95% CI, 0.29-4.40;p=0.84) ○ Definitive BL/BLIs: HR 0.76 (95% CI, 0.28-2.07;p=0.5) • MIC of piperacillin-tazobactam linked to outcome: (Retamar et al^{99,100}) <ul style="list-style-type: none"> ○ 39 patients analyzed ○ UTI: all 11 patients survived, irrespective of MIC ○ Non-UTI: Mortality decreased with MIC ≤ 2 mg/L (0/18 vs 7/17 [41.1%]; p=0.02) • Most isolates produced CTX-M-type • Urinary and biliary tract infections were predominant 																																																							
Author's Conclusion	<ul style="list-style-type: none"> • These results suggest that amoxicillin/clavulanate and piperacillin/tazobactam are suitable alternatives to carbapenems for treating patients with BSIs due to ESBL-EC if active <i>in vitro</i> and would be particularly useful as definitive therapy 																																																							
Strengths	<ul style="list-style-type: none"> • Included 6 studies which increased sample size • All included studies were prospective • Used a propensity score to control for confounding • Follow up MIC analysis by Retamar et al 																																																							
Weaknesses	<ul style="list-style-type: none"> • All studies were carried out in Spain • Limited to bacteremia due to <i>E. coli</i> alone • More severely ill patients tended to be prescribed carbapenems 																																																							
Take Home Points	<ul style="list-style-type: none"> • There does not seem to be an association between BL/BLI definitive therapy and increased mortality • This study only included bacteremia due to <i>E. coli</i>; the results may not apply to bacteremia due to <i>K. pneumonia</i> • The results may not apply to more severely ill patients • If active <i>in vitro</i>, BL/BLI may be considered a reasonable alternative to carbapenems for treating bacteremia due to ESBL-producing <i>E. coli</i> • Randomized clinical trials are desirable 																																																							

B. Observational studies

a. Harris et al (2015)¹⁰¹

Table 8: Comparable Outcomes for β -lactam/ β -lactamase Inhibitor Combinations and Carbapenems in Definitive Treatment of Bloodstream Infections Caused by Cefotaxime-resistant <i>Escherichia coli</i> or <i>Klebsiella pneumoniae</i> . ¹⁰¹				
Objective	<ul style="list-style-type: none"> To compare the efficacy of β-lactam/β-lactamase inhibitor combinations (BL/BLIs) to carbapenems for the treatment of bloodstream infections (BSIs) caused by cefotaxime non-susceptible (likely ESBL- or AmpC β-lactamase-producing) <i>Escherichia coli</i> and <i>Klebsiella pneumoniae</i> 			
Design	<ul style="list-style-type: none"> A single-center, retrospective observational cohort study in Singapore 			
Population	<ul style="list-style-type: none"> Adult patients 21 years of age or older with a BSI due to <i>E. coli</i> or <i>Klebsiella</i> spp. between May 2012 to May 2013 Bacterial isolates confirmed as cefotaxime non-susceptible, but piperacillin-tazobactam and meropenem susceptible (EUCAST) Patients with polymicrobial bacteremia were excluded 			
Endpoints	<ul style="list-style-type: none"> Days to resolution of systemic inflammatory response syndrome (SIRS) All-cause mortality at 30 days 			
Methods	<ul style="list-style-type: none"> Definitive therapy with carbapenem vs BL/BLI <ul style="list-style-type: none"> Piperacillin-tazobactam 4.5 g q6-8h Amoxicillin-clavulanate 1.2 g q8h Meropenem 1 g q8h Ertapenem 1 g q24h Imipenem 500 mg q6h All renally adjusted per local guidelines 			
Baseline Characteristics	Patient characteristic	Definitive treatment cohort		Total study population
		BLBLI (N = 24)	Carbapenem (N = 23)	N = 91
	Age, median [IQR], years	77 [61–83]	77 [68–83]	75 [62–83]
	Female	13 (54%)	12 (52%)	49 (54%)
	Hospital acquired	7 (29%)	4 (17%)	20 (22%)
	Community acquired	7 (29%)	9 (39%)	42 (46%)
	Healthcare associated	10 (42%)	10 (43%)	29 (32%)
	CCI, median [IQR]	2 [1-4]	2 [1-5]	2 [1-4]
	Pitt score, median [IQR]	1 [0–2]	1 [0–3]	1 [0–2]
APACHEII (if ICU), median [IQR]	26	20	24 [15-28]	
ICU admission	2 (8%)	5 (22%)	11 (12.1)	
<i>E. coli</i>	22 (92%)	17 (74%)	79 (87%)	
Results	<ul style="list-style-type: none"> 92/804 BSI caused by cefotaxime non-susceptible (likely ESBL or AmpC) <ul style="list-style-type: none"> <i>E. coli</i> (86%) <i>Klebsiella</i> spp. (14%) 47 patients eligible for analysis of definitive therapy <ul style="list-style-type: none"> BL/BLIs: 2/24 (8.3%) died Carbapenem: 4/23 (17.4%) died 			

	Outcome	Crude HR (95% CI)	Adjusted HR (95% CI)*
	30-day mortality	0.47 (0.09-2.59)	0.91 (0.13-6.28)
	Resolution of SIRS	1.19 (0.44-3.19)	0.91 (0.32-2.59)
	Hospital discharge	0.74 (0.38-1.41)	0.62 (0.27-1.42)
	*Adjusted for ICU admission, infecting organism, Pitt score		
	<ul style="list-style-type: none"> Piperacillin-tazobactam MIC distributions: ≤4 (70.7%) and 8 (29.3%) 		
Author's Conclusion	<ul style="list-style-type: none"> BL/BLIs appear to have a similar efficacy to carbapenems in the treatment of cefotaxime-resistant <i>E. coli</i> and <i>K. pneumoniae</i> bloodstream infections Directed therapy with a BL/BLIs, when susceptibility is proven, may represent an appropriate carbapenem-sparing option 		
Strengths	<ul style="list-style-type: none"> Provided dosing information Provided MIC distributions for piperacillin-tazobactam, although not separated by organism (e.g, <i>E. coli</i> vs <i>K. pneumoniae</i>) 		
Weaknesses	<ul style="list-style-type: none"> Retrospective study Single-center study in Singapore with limited generalizability Study size was small (power of 55%) Did not use a propensity score to control confounding Underpowered to detect true differences in infrequent outcomes, particularly for mortality at 30 days 		
Take Home Points	<ul style="list-style-type: none"> Use of a BL/BLIs as definitive treatment of cefotaxime non-susceptible <i>E. coli</i> or <i>K. pneumoniae</i> bacteremia was not associated with worse outcomes compared to carbapenems 86% of isolates were <i>E. coli</i> so the results may not be applicable to <i>K. pneumoniae</i> bacteremia Single center study in Singapore limits generalizability Randomized clinical trials are desirable 		

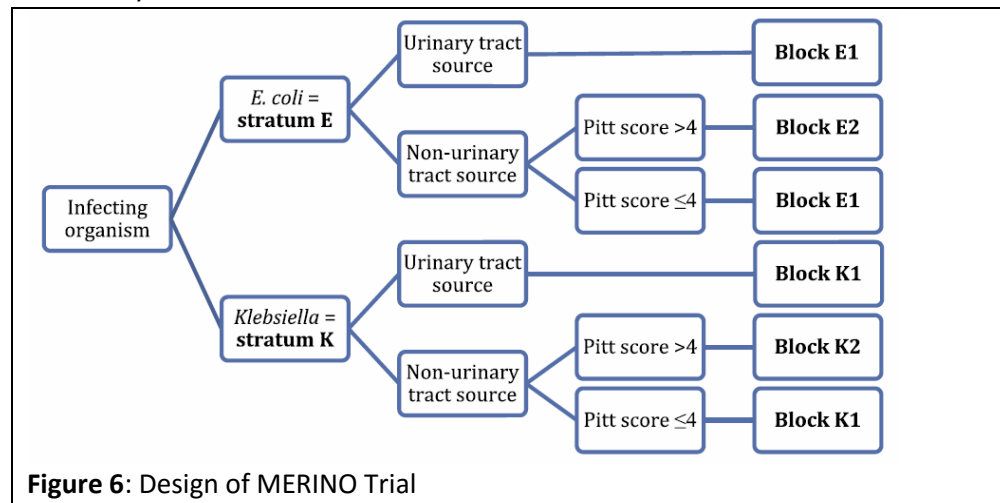
b. The INCREMENT Project¹⁰²

- i. Large international (12 countries) retrospective observational study (January 2004 to December 2012).
- ii. Outcomes: cure rate at day 14 and 30-day mortality.
- iii. 656 pts with BSI were included.
 1. 129 received BL/BLIs.
 - a. 61% piperacillin-tazobactam
 - b. 38% amoxicillin-clavulanate
 2. 527 received carbapenem
 - a. 23% imipenem
 - b. 45% ertapenem
 - c. 33% other
 3. 55% and 57% urinary or biliary tract source
 4. 78% and 73% caused by *E. coli* ($p > 0.2$)
 5. 14-day clinical cure rates: 85% v 84%
 6. 30-day mortality: 12% v 14%
- iv. There was no difference in mortality between patients who received definitive therapy with BL/BLIs vs carbapenem given alone even after adjustment for comorbidity.

- v. Adjusted HR 0.97 (95% CI, 0.48-2.03).
- vi. Conclusions
 1. The results support that BL/BLIs, if active *in vitro*, may be considered a reasonable alternative to carbapenems
 2. 73% of isolates were *E. coli*, so the results may not be applicable to *K. pneumoniae*
 3. Randomized clinical trials are desirable

C. Randomized Clinical Trials

- a. The MERINO Trial (ongoing)¹⁰³
 - i. Ongoing study in Australia, New Zealand, and Singapore.
 - ii. Meropenem vs piperacillin-tazobactam
 1. Meropenem 1 g IV q8h.
 2. Piperacillin-tazobactam 4.5 g IV q6h.
 - iii. This study is due in 2018.



5. Conclusions

- A. The rapid evolution and dissemination of ESBLs is believed to have occurred via selection pressure.
- B. Carbapenems are usually recommended as first-line therapy for serious infections caused by ESBL producers based on *in vitro* studies and observational studies.
- C. Increased use of carbapenems has resulted in the emergence of carbapenem resistance and increases in *Acinetobacter* and *Stenotrophomonas* infections.
- D. There are no randomized clinical trials to date comparing carbapenems and BL/BLIs.
- E. Based on observational studies, it may be reasonable to use piperacillin-tazobactam, if active *in vitro*, for definitive treatment of ESBL-producing *E. coli* bloodstream infections using optimal dosing to maximize the probability of PK-PD target attainment.
- F. There are limited data to support the use of piperacillin-tazobactam for definitive treatment of bloodstream infections due to ESBL-producing *K. pneumoniae*.
- G. However, piperacillin-tazobactam may be an option for ESBL-producing *K. pneumoniae* if the MIC is known and a dosing strategy resulting in >90% probability of PK-PD target attainment is possible and safe.

6. Appendices

A. Breakpoints for susceptibility of Enterobacteriaceae to BL/BLIs and carbapenems

Table A: CLSI and EUCAST breakpoints for susceptibility of Enterobacteriaceae		
BL/BLIs	CLSI 2015	EUCAST v5.0
Amoxicillin-clavulanate	≤8/4	≤8
Ampicillin-sulbactam	≤8/4	≤8
Piperacillin-tazobactam	≤16/4	≤8
Carbapenems	CLSI 2015	EUCAST v5.0
Imipenem	≤1	≤2
Meropenem	≤1	≤2
Ertapenem	≤0.5	≤0.5
Doripenem	≤1	≤1

B. MIC distribution of imipenem in *E. coli* and *K. pneumoniae* isolates

Table B: Intra-abdominal Isolates from SMART North America (2010-11)				
Organism	<i>E. coli</i> (non-ESBL)	<i>E. coli</i> (ESBL)	<i>K. pneumoniae</i> (non-ESBL)	<i>K. pneumoniae</i> (ESBL)
Isolates	1507	136	636	62
Susceptibility to imipenem	100%	99%	97%	73%
MIC ₅₀	0.12	0.12	0.25	0.25
MIC ₉₀	0.25	0.25	0.5	>8

C. Bush-Jacoby-Medeiros classification (1995)³⁸

Bush-Jacoby-Medeiros group	1989 Bush group (44)	Richmond-Sykes class (253)	Mitsuhashi-Inoue type (194) ^a	Molecular class (2, 121, 132)	Preferred substrates	Inhibited by:		Representative enzymes
						CA ^b	EDTA	
1	1	Ia, Ib, Id	CSase	C	Cephalosporins	-	-	AmpC enzymes from gram-negative bacteria; MIR-1
2a	2a	Not included	PCase V	A	Penicillins	+	-	Penicillinases from gram-positive bacteria
2b	2b	III	PCase I	A	Penicillins, cephalosporins	+	-	TEM-1, TEM-2, SHV-1
2be	2b'	Not included except K1 in class IV	CXase	A	Penicillins, narrow-spectrum and extended-spectrum cephalosporins, monobactams	+	-	TEM-3 to TEM-26, SHV-2 to SHV-6, <i>Klebsiella oxytoca</i> K1
2br	Not included	Not included	Not included	A	Penicillins	±	-	TEM-30 to TEM-36, TRC-1
2c	2c	II, V	PCase IV	A	Penicillins, carbenicillin	+	-	PSE-1, PSE-3, PSE-4
2d	2d	V	PCase II, PCase III	D	Penicillins, cloxacillin	±	-	OXA-1 to OXA-11, PSE-2 (OXA-10)
2e	2e	Ic	CXase	A	Cephalosporins	+	-	Inducible cephalosporinases from <i>Proteus vulgaris</i>
2f	Not included	Not included	Not included	A	Penicillins, cephalosporins, carbapenems	+	-	NMC-A from <i>Enterobacter cloacae</i> , Sme-1 from <i>Serratia marcescens</i>
3	3	Not included	Not included	B	Most β-lactams, including carbapenems	-	+	L1 from <i>Xanthomonas maltophilia</i> , CcrA from <i>Bacteroides fragilis</i>
4	4	Not included	Not included	ND ^c	Penicillins	-	?	Penicillinase from <i>Pseudomonas cepacia</i>

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