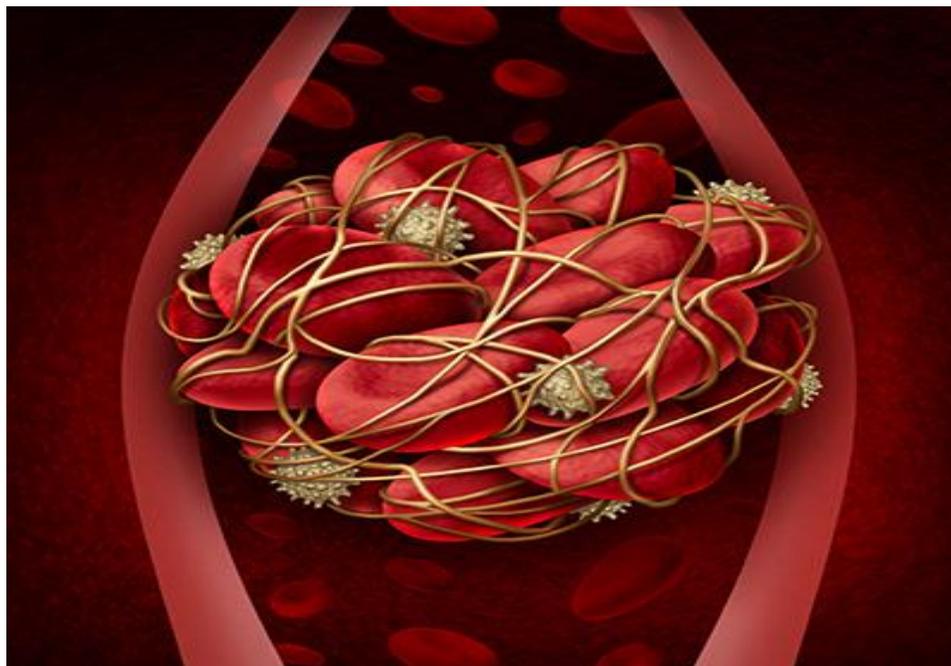


# Use or Use Not: DOACs for Treatment of Cancer-Associated Venous Thromboembolism



<https://www.cdc.gov/ncbddd/dvt/facts.html>

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**San Antonio, TX**  
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## **LEARNING OBJECTIVES:**

### **Pharmacists:**

1. Describe the pathophysiology and risks to developing venous thromboembolism (VTE) in patients with cancer.
2. Evaluate clinical evidence of using direct oral anticoagulants (DOACs) for the treatment of cancer-associated VTE.
3. Discuss the DOACs' place in therapy for the treatment of cancer-associated VTE.

### **Pharmacy Technicians:**

1. Identify risk factors to developing venous thromboembolism (VTE) in patients with cancer.
2. Compare the direct oral anticoagulants (DOACs) for the treatment of cancer-associated VTE.

- Discuss the DOACs' place in therapy for the treatment of cancer-associated VTE.

## Epidemiology<sup>1-3</sup>

- Second-leading cause of death in patients with cancer
- Up to 7-fold increase in risk of developing VTE compared to those without cancer
- Up to 6-fold increase in bleeding complications compared to those without cancer
- 15-20% of all VTE diagnoses are in patients with cancer

## Pathophysiology<sup>4-7</sup>

- First described by French physicians Jean-Baptiste Bouillaud and Armand Trousseau in the early- to mid-1800s

<b>Direct and Indirect VTE Mechanisms in Cancer</b>
<p><b>Overproduction of Procoagulants</b></p> <p>Tissue Factor (TF), Plasminogen Activator Inhibitor-1 (PAI-1), Cancer Procoagulant (CP)</p>
<p><b>Decrease in Anticoagulants</b></p> <p>Antithrombin III, Heparin Cofactor II, Proteins C and S, and Thrombomodulin</p>
<p><b>Increased Cytokine Release</b></p> <p>Tumour Necrosis Factor Alpha (TNF-<math>\alpha</math>), Interleukin-1<math>\beta</math> (IL-1<math>\beta</math>)</p>
<p><b>Deficits in Coagulation Genes</b></p> <p>Factor V Leiden, Prothrombin</p>
<p><b>Damage-Associated Molecular Patterns (DAMPs)</b></p>
<p><b>Hypoxia</b></p>
<p><b>Chemotherapy</b></p> <p>e.g. platinum-based therapy, gemcitabine</p>

## Risk Factors for Cancer-Associated VTE<sup>4,8-12</sup>

Age >70

Female

Immobility

Previous History of VTE

Comorbidities

- Infection
- Heart Failure
- Heart Disease
- Respiratory Disease

## Khorana Risk Score<sup>13</sup>

Patient Characteristic	Risk Score
Very High Risk Cancer Site (Stomach, Pancreas)	+2
High Risk Cancer Site (Lung, Lymphoma, Gynecologic, Bladder, Testicular)	+1
Pre-chemotherapy platelet count $\geq 350 \times 10^9/L$	+1
Hemoglobin < 100 g/L or use of red cell growth factors	+1
Pre-chemotherapy leukocyte count $> 11 \times 10^9/L$	+1

BMI $\geq$ 35 kg/m <sup>2</sup>		+1
Khorana Risk Score Interpretation		
Risk Group	Total Risk Score	2.5-Month Rate of VTE
Low	0	0.3 - 0.8%
Intermediate	1-2	1.8 - 2.0%
High	$\geq$ 3	6.7 - 7.1%

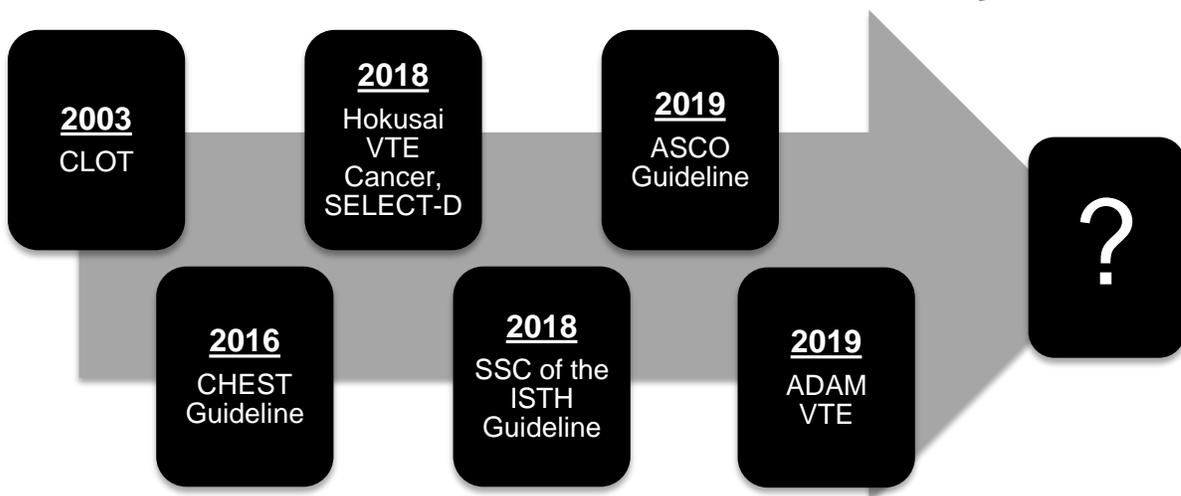
**2016 CHEST Guideline Recommendation<sup>15</sup>:**

- “For VTE and cancer, we suggest LMWH over VKA therapy, dabigatran, rivaroxaban, apixaban, or edoxaban.”

**CLOT Trial<sup>14</sup>**

Population	Study Drugs	Duration	Outcomes
Active Cancer and Symptomatic VTE	<b>Dalteparin (n=336)</b> 200 IU/kg daily x 1 month, then 150 IU/kg daily <b>Warfarin (n=336)</b> Dose-adjusted to an INR of 2-3	6 Months	<b>Dalteparin vs. Warfarin:</b> Recurrent VTE: 27 vs. 53 (P=0.002) Major Bleeding: 6% vs. 4% (P=0.27) Any Bleeding: 14% vs. 19% (P=0.09)

**Cancer-Associated VTE Treatment History<sup>14-20</sup>**



**Why DOACs over LMWH?**

- No laboratory monitoring

- Ease of administration

## Clinical Controversy: Is it safe and efficacious to use DOACs for treating cancer-associated venous thromboembolism?

### DOACs in Cancer-Associated Venous Thromboembolism: A Literature Review

Raskob GE, van Es N, Verhamme P, et al. Edoxaban for the Treatment of Cancer-Associated Venous Thromboembolism (Hokusai VTE Cancer). <i>N Engl J Med.</i> 2018;378(7):615-624.	
<b>Objective</b>	To compare edoxaban to dalteparin for the treatment of cancer-associated venous thromboembolism (VTE).
<b>Methods</b>	
Study design	<ul style="list-style-type: none"> <li>▪ Randomized, open-label, noninferiority trial performed at 114 centers in 13 countries (including the U.S.).</li> <li>▪ Funding: by Daiichi Sankyo</li> <li>▪ Study interventions: Edoxaban or dalteparin in 1:1 ratio               <ul style="list-style-type: none"> <li>○ Edoxaban arm: LMWH for 5 days, then edoxaban 60 mg daily or 30mg daily</li> <li>○ Dalteparin arm: 200 IU/kg once daily (maximum 18,000 IU/day) for 30 days, then 150 IU/kg once daily thereafter</li> </ul> </li> <li>▪ Follow-up: at 1 month, 3 months, 6 months, 9 months, and 12 months</li> </ul>
Inclusion criteria	<ul style="list-style-type: none"> <li>▪ 18 years or older</li> <li>▪ Symptomatic or unsuspected DVT or PE</li> <li>▪ Cancer (either active or diagnosed within 2 years prior to randomization)</li> <li>▪ Intention for long-term treatment (<math>\geq 6</math> months) with LWMH.</li> </ul>
Exclusion criteria	<ul style="list-style-type: none"> <li>▪ Thrombectomy, caval filter, use of a fibrinolytic agent</li> <li>▪ &gt;72 hours of treatment with an anticoagulant to treat the current episode</li> <li>▪ Active bleed</li> <li>▪ CrCl&lt;30 mL/min</li> <li>▪ History of HIT</li> <li>▪ Life expectancy &lt;3 months</li> <li>▪ Platelet &lt;50,000/mL</li> <li>▪ Uncontrolled HTN</li> <li>▪ Use of NSAIDS or DAPT during the study</li> </ul>
Outcomes	<ul style="list-style-type: none"> <li>▪ Primary: Composite of recurrent venous thromboembolism and major bleeding</li> <li>▪ Secondary Outcomes: Recurrent VTE; major bleeding; clinically-relevant non-major bleeding (CRNMB)</li> </ul>
Statistical Analysis	<ul style="list-style-type: none"> <li>▪ 1000 patients would be required to observe 191 primary-outcome events and to give the trial 80% power</li> <li>▪ Cox proportional-hazards regression model: used for analyzing the intention-to-treat population for the primary composite outcome to test for the non-inferiority of edoxaban to dalteparin.</li> <li>▪ Non-inferiority confirmed by an upper limit of the hazard ratio confidence interval (CI) of less than 1.5 with a two-sided alpha level of 0.05</li> </ul>
<b>Results</b>	

Baseline Characteristics	Total patients: 1046																																																				
Baseline Characteristics (Cont'd)	<table border="1"> <thead> <tr> <th data-bbox="310 197 711 226">Characteristic</th> <th data-bbox="711 197 1117 226">Edoxaban (n=522)</th> <th data-bbox="1117 197 1515 226">Dalteparin (n=524)</th> </tr> </thead> <tbody> <tr> <td data-bbox="310 226 711 256">Male – no.(%)</td> <td data-bbox="711 226 1117 256">53.1%</td> <td data-bbox="1117 226 1515 256">50.2%</td> </tr> <tr> <td data-bbox="310 256 711 285">Age (yrs) – median (range)</td> <td data-bbox="711 256 1117 285">64.3 ± 11</td> <td data-bbox="1117 256 1515 285">63.7 ± 11.7</td> </tr> <tr> <td data-bbox="310 285 711 315">BMI (kg/m<sup>2</sup>) – median (range)</td> <td data-bbox="711 285 1117 315">26.6 (15.1 - 50.4)</td> <td data-bbox="1117 285 1515 315">26.7 (14.9 - 46.2)</td> </tr> <tr> <td data-bbox="310 315 711 344">Qualifying VTE – no. (%)</td> <td data-bbox="711 315 1117 344"></td> <td data-bbox="1117 315 1515 344"></td> </tr> <tr> <td data-bbox="310 344 711 373">PE ± DVT</td> <td data-bbox="711 344 1117 373">62.8%</td> <td data-bbox="1117 344 1515 373">62.8%</td> </tr> <tr> <td data-bbox="310 373 711 403">DVT Only</td> <td data-bbox="711 373 1117 403">37.2%</td> <td data-bbox="1117 373 1515 403">37.2%</td> </tr> <tr> <td data-bbox="310 403 711 432">Incidental VTE</td> <td data-bbox="711 403 1117 432">32%</td> <td data-bbox="1117 403 1515 432">33%</td> </tr> <tr> <td data-bbox="310 432 711 462">Metastatic Disease</td> <td data-bbox="711 432 1117 462">52.5%</td> <td data-bbox="1117 432 1515 462">53.4%</td> </tr> <tr> <td data-bbox="310 462 711 491">Primary Tumor Type (%)</td> <td data-bbox="711 462 1117 491"></td> <td data-bbox="1117 462 1515 491"></td> </tr> <tr> <td data-bbox="310 491 711 520">Colorectal</td> <td data-bbox="711 491 1117 520">15.9%</td> <td data-bbox="1117 491 1515 520">15.1%</td> </tr> <tr> <td data-bbox="310 520 711 550">Lung</td> <td data-bbox="711 520 1117 550">14.8%</td> <td data-bbox="1117 520 1515 550">14.3%</td> </tr> <tr> <td data-bbox="310 550 711 579">Genitourinary</td> <td data-bbox="711 550 1117 579">12.5%</td> <td data-bbox="1117 550 1515 579">13.5%</td> </tr> <tr> <td data-bbox="310 579 711 609">Breast</td> <td data-bbox="711 579 1117 609">12.3%</td> <td data-bbox="1117 579 1515 609">11.5%</td> </tr> <tr> <td data-bbox="310 609 711 638">Pancreatic</td> <td data-bbox="711 609 1117 638">9.4%</td> <td data-bbox="1117 609 1515 638">7.6%</td> </tr> <tr> <td data-bbox="310 638 711 667">Upper GI</td> <td data-bbox="711 638 1117 667">6.3%</td> <td data-bbox="1117 638 1515 667">4%</td> </tr> </tbody> </table>					Characteristic	Edoxaban (n=522)	Dalteparin (n=524)	Male – no.(%)	53.1%	50.2%	Age (yrs) – median (range)	64.3 ± 11	63.7 ± 11.7	BMI (kg/m <sup>2</sup> ) – median (range)	26.6 (15.1 - 50.4)	26.7 (14.9 - 46.2)	Qualifying VTE – no. (%)			PE ± DVT	62.8%	62.8%	DVT Only	37.2%	37.2%	Incidental VTE	32%	33%	Metastatic Disease	52.5%	53.4%	Primary Tumor Type (%)			Colorectal	15.9%	15.1%	Lung	14.8%	14.3%	Genitourinary	12.5%	13.5%	Breast	12.3%	11.5%	Pancreatic	9.4%	7.6%	Upper GI	6.3%	4%
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Author's Conclusion	"Edoxaban was non-inferior to dalteparin with respect to the composite outcome of recurrent venous thromboembolism or major bleeding. The rate of recurrent venous thromboembolism was lower but the rate of major bleeding was higher with edoxaban than with dalteparin."																																																				
Critique	<ul style="list-style-type: none"> <li>▪ STRENGTHS: <ul style="list-style-type: none"> <li>○ Randomized design</li> <li>○ Use of modified intention-to-treat for analysis</li> <li>○ Use of independent review committee</li> <li>○ Assessment of adherence</li> <li>○ Stratification by bleeding risk factors</li> <li>○ Objectively-confirmed cancer diagnoses</li> </ul> </li> <li>▪ LIMITATIONS <ul style="list-style-type: none"> <li>○ Open-label design</li> <li>○ Role of Daiichi Sankyo in collection and maintenance of the data, and statistical analysis</li> </ul> </li> </ul>																																																				

	<ul style="list-style-type: none"> <li>○ Lower than expected primary endpoint</li> <li>○ Difference in treatment duration between groups</li> <li>○ Inclusion of only proximal DVTs</li> </ul>
<b>Take Home Points</b>	Compared to dalteparin, edoxaban showed similar rates of recurrent VTE and CRNMB, but had significantly more major bleeding. Edoxaban should be avoided in patients with gastrointestinal cancers.

**Young AM, et al. Comparison of an Oral Factor Xa Inhibitor With Low Molecular Weight Heparin in Patients With Cancer With Venous Thromboembolism: Results of a Randomized Trial (SELECT-D). *J Clin Oncol*. 2018 Jul 10;36(20):2017-2023.**

Objective	To assess venous thromboembolism (VTE) recurrence rates in patients with active cancer treated with either rivaroxaban or dalteparin.												
<b>Methods</b>													
Study design	<ul style="list-style-type: none"> <li>• Randomized, open-label, multicenter pilot trial, conducted at 58 sites across the United Kingdom, with patients recruited to the trial from 2013 to 2016.</li> <li>• Study Interventions: dalteparin or rivaroxaban in 1:1 ratio <ul style="list-style-type: none"> <li>○ Dalteparin dosing: 200 IU/kg SQ once daily x 30 d, then 150 IU/kg was administered subcutaneously once daily for 5 months</li> <li>○ Rivaroxaban dosing: 15mg PO BID x 21 days, then 20mg daily for a total of 6 months</li> </ul> </li> <li>• Follow-Up: Every 3-months for 1 year, and then every 6 months during year 2</li> </ul>												
Inclusion criteria	<ul style="list-style-type: none"> <li>• Active cancer (excluding basal-cell and squamous cell skin carcinoma) <ul style="list-style-type: none"> <li>○ Definition: diagnosis of cancer in the previous 6 months; any treatment for cancer within the previous 6 months; recurrent or metastatic cancer; cancer not in complete remission</li> </ul> </li> <li>• Primary objectively confirmed VTE, either symptomatic lower-extremity proximal DVT, symptomatic PE, or incidental PE</li> <li>• ≥ 18 years of age</li> <li>• Weight ≥ 40 kg</li> <li>• Eastern Cooperative Oncology Group (ECOG) performance status of ≤ 2</li> <li>• Adequate hematologic, hepatic, and renal function</li> </ul>												
Exclusion criteria	<ul style="list-style-type: none"> <li>• Any previous treatment dose of anticoagulant or &gt; 75 mg aspirin per day</li> <li>• History of VTE</li> <li>• Clinically significant liver disease</li> <li>• Bacterial endocarditis</li> <li>• Active bleeding or high risk of bleeding</li> <li>• Uncontrolled hypertension</li> <li>• Inadequate contraceptive measures if of childbearing potential</li> <li>• Concomitant use of strong CYP450 3A4 inhibitors or inducers, or P-glycoprotein inhibitors or inducers</li> </ul>												
Outcomes	Primary outcome: VTE recurrence Secondary outcomes: Major bleeding and clinically relevant non-major bleeding (CRNMB)												
Statistical Analysis	<ul style="list-style-type: none"> <li>• Cumulative incidence curves for the time to VTE recurrence and bleeding and survival were estimated using Kaplan-Meier estimates</li> <li>• Kaplan-Meier estimates were also obtained for bleeding and survival</li> <li>• Cox model was used to obtain hazard ratios (HRs) and associated 95% CIs</li> <li>• 400 patients (200 patients on each arm) would allow estimates of the primary outcome to be within a width of the 95% CI of 9%, assuming a 10% 6-month VTE recurrence rate</li> </ul>												
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Patient Characteristics	<table border="1"> <thead> <tr> <th>Characteristic</th> <th>Dalteparin (n=203)</th> <th>Rivaroxaban (n=203)</th> </tr> </thead> <tbody> <tr> <td>Male – no.(%)</td> <td>98 (48%)</td> <td>116 (57%)</td> </tr> <tr> <td>Age (yrs) – median (range)</td> <td>67 (34 - 87)</td> <td>67 (22 - 87)</td> </tr> <tr> <td>BMI (kg/m<sup>2</sup>) – median (range)</td> <td>26.6 (15.1 - 50.4)</td> <td>26.7 (14.9 - 46.2)</td> </tr> </tbody> </table>	Characteristic	Dalteparin (n=203)	Rivaroxaban (n=203)	Male – no.(%)	98 (48%)	116 (57%)	Age (yrs) – median (range)	67 (34 - 87)	67 (22 - 87)	BMI (kg/m <sup>2</sup> ) – median (range)	26.6 (15.1 - 50.4)	26.7 (14.9 - 46.2)
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	<p><b>Qualifying VTE – no. (%)</b></p> <p><b>Symptomatic VTE</b></p> <p><b>PE</b></p> <p><b>DVT</b></p> <p><b>Incidental PE</b></p>	<p>98 (48%)</p> <p>38 (18%)</p> <p>57 (28%)</p> <p>105 (52%)</p>	<p>95 (47%)</p> <p>40 (19%)</p> <p>53 (25%)</p> <p>108 (53%)</p>																								
	<p><b>Currently receiving cancer treatment – no. (%)</b></p> <p><b>Chemotherapy</b></p> <p><b>Radiotherapy</b></p> <p><b>Targeted therapy</b></p> <p><b>Endocrine therapy</b></p>	<p>142 (70%)</p> <p>120 (85%)</p> <p>10 (7%)</p> <p>22 (15%)</p> <p>15 (11%)</p>	<p>140 (69%)</p> <p>113 (81%)</p> <p>6 (4%)</p> <p>21 (15%)</p> <p>15 (11%)</p>																								
	<p><b>Primary Tumor Type– no. (%)</b></p> <p><b>Colorectal</b></p> <p><b>Lung</b></p> <p><b>Breast</b></p> <p><b>Pancreatic</b></p> <p><b>Gastric</b></p>	<p>47 (23%)</p> <p>25 (12%)</p> <p>20 (10%)</p> <p>11 (5%)</p> <p>7 (3%)</p>	<p>55 (27%)</p> <p>22 (11%)</p> <p>20 (10%)</p> <p>19 (9%)</p> <p>4 (2%)</p>																								
	<p>Enrollment and outcomes (Dalteparin vs. rivaroxaban – no.)</p> <ul style="list-style-type: none"> <li>Discontinued intervention: 90 vs. 86 <ul style="list-style-type: none"> <li>Death: 33 vs. 28</li> <li>Participant decision: 10 vs. 7</li> <li>Withdrew consent: 11 vs. 5</li> <li>Clinical decision: 8 vs. 7</li> <li>Adverse event (VTE recurrence, bleeding, or other): 22 vs. 35</li> </ul> </li> <li>Withdrawal: 20 vs. 16 <ul style="list-style-type: none"> <li>Patient choice: 19 vs. 11</li> <li>Clinical decision: 1 vs. 3</li> </ul> </li> </ul>																										
Outcomes	<p>Dalteparin vs. Rivaroxaban:</p> <ul style="list-style-type: none"> <li>6-month cumulative VTE recurrence rate: 11% vs. 4% (HR 0.43; 95% CI 0.19 - 0.99) (NNT=14)</li> <li>6-month major bleeding rate: 4% vs. 6% (HR 1.83; 95% CI 0.68 - 4.96)</li> <li>CRNMB: 4% vs.13% (HR 3.76; 95% CI 1.63 - 8.69) (NNH=11)</li> <li>6-month survival: 70% vs. 75%</li> </ul> <table border="1"> <thead> <tr> <th>Outcome</th> <th>Dalteparin (n=203)</th> <th>Rivaroxaban (n=203)</th> </tr> </thead> <tbody> <tr> <td><b>VTE Recurrence – no. (%)</b></td> <td>18 (9%)</td> <td>8 (4%)</td> </tr> <tr> <td><b>DVT – no.</b></td> <td>7</td> <td>3</td> </tr> <tr> <td><b>PE – no.</b></td> <td>9</td> <td>4</td> </tr> <tr> <td><b>Other</b></td> <td>2</td> <td>2</td> </tr> <tr> <td><b>Bleeding</b></td> <td></td> <td></td> </tr> <tr> <td><b>Major bleeding – no (%)</b></td> <td>6 (3%)</td> <td>11 (5%)</td> </tr> <tr> <td><b>CRNMB – no. (%)</b></td> <td>7 (3%)</td> <td>25 (12%)</td> </tr> </tbody> </table>			Outcome	Dalteparin (n=203)	Rivaroxaban (n=203)	<b>VTE Recurrence – no. (%)</b>	18 (9%)	8 (4%)	<b>DVT – no.</b>	7	3	<b>PE – no.</b>	9	4	<b>Other</b>	2	2	<b>Bleeding</b>			<b>Major bleeding – no (%)</b>	6 (3%)	11 (5%)	<b>CRNMB – no. (%)</b>	7 (3%)	25 (12%)
Outcome	Dalteparin (n=203)	Rivaroxaban (n=203)																									
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Author's Conclusions	<ul style="list-style-type: none"> <li>“Rivaroxaban was associated with relatively low VTE recurrence but higher CRNMB compared with dalteparin.”</li> </ul>																										
Critique	<ul style="list-style-type: none"> <li><b>STRENGTHS:</b> <ul style="list-style-type: none"> <li>Randomized, multi-center design</li> <li>High percentage of patients with VTE high-risk tumor type</li> <li>Use of an independent data and safety monitoring committee</li> <li>Adjudication of outcomes</li> </ul> </li> <li><b>LIMITATIONS:</b> <ul style="list-style-type: none"> <li>Open label, pilot trial</li> <li>Small number of included patients and primary events</li> <li>Slow rate of recruitment; could not investigate second random assignment of rivaroxaban vs. placebo for 5 months in patients with residual DVT or presentation of PE while on rivaroxaban</li> <li>High numbers of withdrawal and discontinuation of therapy</li> <li>No noted adherence measures</li> <li>High mortality rates</li> </ul> </li> </ul>																										

	<ul style="list-style-type: none"> <li>• OTHER: <ul style="list-style-type: none"> <li>○ Difficult to extrapolate data to therapy beyond 6 months</li> <li>○ No analysis of chemotherapy agents in each group</li> </ul> </li> </ul>
Take Home Points	Compared to dalteparin, rivaroxaban was shown to have a lower rate of VTE recurrence, but a higher rate of clinically relevant non-major bleeding.

**McBane RD 2<sup>nd</sup>, et al. Apixaban and dalteparin in active malignancy-associated venous thromboembolism: The ADAM VTE trial. *J Thromb Haemost.* 2019 Oct 20.**

Objective	To test the hypothesis that apixaban is associated with a significantly lower rate of major bleeding, compared to dalteparin, in the treatment of patients with active cancer and confirmed acute VTE
Methods	
Study design	<ul style="list-style-type: none"> <li>• Multicenter, randomized, open-label, superiority trial, conducted at 28 sites in the United States, with patients recruited from 2015 to 2017</li> <li>• Study interventions: apixaban or dalteparin in a 1:1 ratio <ul style="list-style-type: none"> <li>○ Apixaban dosing: 10 mg PO twice daily for 7 days followed by 5 mg PO twice daily</li> <li>○ Dalteparin dosing: 200 IU/kg subQ daily for the first month, then 150 IU/kg subQ daily for months 2 through 6</li> </ul> </li> <li>• Follow-up: monthly for 6 months</li> </ul>
Inclusion criteria	<ul style="list-style-type: none"> <li>• 18 years or older</li> <li>• Confirmed active cancer <ul style="list-style-type: none"> <li>○ Evidence of cancer on cross-sectional or PET imaging, metastatic disease, and/or cancer-related surgery, chemotherapy or radiation therapy within 6 months</li> </ul> </li> <li>• Life expectancy &gt; 60 days</li> <li>• ECOG performance score ≤ 2</li> <li>• Platelet ≥ 50,000/mcL</li> <li>• ALT/AST &lt; 3 times upper limit of normal</li> <li>• INR ≤ 1.6</li> <li>• Negative serum or urine pregnancy test for women of childbearing potential</li> </ul>
Exclusion criteria	<ul style="list-style-type: none"> <li>• Received anticoagulant therapy for &gt; 7 days prior to randomization</li> <li>• Active bleeding</li> <li>• Child-Pugh Class B or C</li> <li>• Calculated CrCl &lt; 30 mL/min</li> <li>• Known anticoagulant failure</li> <li>• Prior heparin-induced thrombocytopenia</li> </ul>
Outcomes	<p>Primary outcome: major bleeding</p> <p>Secondary outcomes: any thromboembolic recurrence including DVT, PE, fatal PE, or arterial thromboembolism</p>
Statistical Analysis	<ul style="list-style-type: none"> <li>• Log-rank tests used for the primary and secondary safety and efficacy endpoints</li> <li>• Secondary analysis of the primary safety endpoint performed in the intention-to-treat population</li> <li>• Categorical data assessed using chi-squared test</li> <li>• 80% power met by the inclusion of 300 patients, with an assumed 6-month cumulative incidence of 6% in the dalteparin arm and 1.4% in the apixaban arm</li> <li>• One-sided p value = 0.05</li> </ul>
Results	

Baseline Characteristics	Characteristic	Apixaban (n=150)		Dalteparin (n=150)	
	Female – no. (%)		78 (52.0%)		77 (51.3%)
Age (yrs)		64.4		64.0	
Body weight (kg) – mean (SD)		84.8 (23.2)		86.8 (20.5)	
Qualifying VTE – no. (%)					
Any PE		81 (55.1%)		75 (50.7%)	
Any DVT		71 (48.3%)		70 (47.3%)	
Upper Extremity DVT		25 (17.0%)		21 (14.2%)	
Lower Extremity DVT		46 (31.3%)		50 (33.8%)	
Splanchnic VT		12 (8.2%)		27 (18.2%)	
Concurrent Systemic Cancer Therapy		108 (73.5%)		110 (74.3%)	
Primary Tumor Type– no. (%)					
Colorectal		18 (12.2%)		29 (19.6%)	
Lung		32 (21.8%)		19 (12.8%)	
Breast		7 (3%)		4 (2%)	
Pancreatic/Hepatobiliary		23 (15.6%)		24 (16.2%)	
Upper GI		7 (4.8%)		4 (2.7%)	
Hematologic Malignancy – no. (%)		13 (8.7%)		15 (10%)	
Previous VTE		8 (5.4%)		12 (8.1%)	

Outcomes	Outcome	Apixaban (n=150)	Dalteparin (n=150)	HR (95% CI)	p value
	Major Bleeding – no. (%)		0 (0%)	2 (1.4%)	0.0 (0.0)
CRNMB – no. (%)		9 (6.2%)	7 (4.2%)	---	---
Major Bleeding + CRNMB – no. (%)		9 (6.2%)	9 (6.3%)	---	0.8816
VTE Recurrence – no. (%)		1 (0.7%)	9 (6.3%)	0.099 (0.013-0.78)	0.0281 (NNT=17)
PE		0 (0.0)	1 (0.7%)	---	---
Lower Extremity DVT		0 (0.0)	4 (2.8%)	---	---
Upper Extremity DVT		0 (0.0)	2 (1.4%)	---	---
Mortality		23 (16%)	15 (11%)	---	0.3078

Quality of Life Survey Summary:

- Favors apixaban: excessive bruising, added stress, worry, difficulty of administration, irritation, frustration, impacted quality of life, drug satisfaction, burden
- Favors dalteparin: confidence in protection from clots
- Neutral: fear of bleeding, diet limitations

Apixaban vs. dalteparin: Refused further treatment: 6 vs. 22 (P=0.0012)

Author's Conclusions	"Apixaban was associated with low major bleeding and VTE recurrence in cancer patients."
Critique	<p><b>STRENGTHS:</b></p> <ul style="list-style-type: none"> <li>• Randomized, multi-center design</li> <li>• Performed medication reconciliations and monitored drug compliance at follow-up</li> <li>• Allowed for temporary interruption/adjustment of anticoagulant for invasive procedures</li> <li>• Adjudication of outcomes</li> <li>• Assessed quality of life</li> </ul> <p><b>LIMITATIONS:</b></p> <ul style="list-style-type: none"> <li>• Open label design</li> <li>• Small sample size</li> <li>• Lower number of upper GI cancers compared to other trials</li> <li>• Included patients on another anticoagulant prior to the study period</li> <li>• Small number of VTE recurrences, major bleeding, CRNMB, and mortality</li> <li>• Primary investigator responsible for trial design and oversight, data collection/interpretation, and statistical analysis</li> </ul> <p><b>OTHER:</b></p>

	<ul style="list-style-type: none"> <li>No analysis of chemotherapy agents in each arm</li> <li>Cannot extrapolate to treatments &gt; 6 months</li> <li>High proportion of patients with upper extremity and splanchnic VT</li> <li>Did not provide data on incidental VTE</li> <li>Included patients with history of VTE</li> <li>Funded by a grant from the Bristol Myer Squibb Pfizer Alliance</li> </ul>
Take Home Points	Compared to dalteparin, apixaban had a lower rate of recurrent VTE and similar rate of bleeding. This trial's small number of VTE recurrences and bleeding events relative to other studies limits its applicability.

## Summary of Additional Literature<sup>21-25</sup>

Study	Design	Duration	Study Drug(s)	Outcomes	Leading Cancer Types
Oh et al. 2019 (n=123)	Retrospective	<u>Median:</u> 95 days (IQR 2-406)	Rivaroxaban	-Major bleeding: 4.9% -Minor bleeding: 9.8% -Recurrent VTE: 0.9%	Colorectal (13%), Lung (13%), Stomach (8.9%)
Sato et al. 2019 (non-cancer, n=95; active cancer, n=92)	Retrospective	<u>Median:</u> 77 days (IQR 23-189)	Edoxaban, Rivaroxaban, Apixaban	<b><u>Non-Cancer vs. cancer patients:</u></b>  <b>Clinically Relevant Bleeding:</b> 3.2% vs. 9.8% (P=0.078)  <b>Recurrent VTE:</b> 1.1 % vs. 2.2% (P=0.328)	Gynecological (28.3%), GI (19.6%)
Niklaus et al. 2018 (n=90)	Retrospective	<u>Mean:</u> 169 days vs. 110 days	Rivaroxaban vs. Enoxaparin	<b><u>Rivaroxaban vs. Enoxaparin:</u></b>  <b>Recurrent VTE:</b> 9% vs. 13% (p=0.74)	Did Not Assess
Raskob et al. 2016 (n=771)	post hoc of Hokusai VTE	<u>Median:</u> 213 days (IQR 176–358)	Edoxaban (n=378) vs. Warfarin	<b><u>Edoxaban vs. Warfarin:</u></b>  <b>Recurrent VTE:</b> 4% vs. 7% (P=0.0007)  <b>Clinically relevant bleeding:</b> 12% vs. 19% (P=0.017)	Breast (18%), Prostate (14%), Colorectal (10%); Gastric (1%)
Agnelli et al. 2015 (n=159 with active cancer)*	post hoc of AMPLIFY	6 months	Apixaban vs. Warfarin	<b><u>Apixaban vs. Warfarin:</u></b>  <b>Recurrent VTE:</b> 3.7% vs. 6.4% (95% CI 0.13–2.37)  <b>Major bleeding:</b> 2.3% vs. 5.0% (95% CI 0.08–2.46)	Prostate (15.9%), Breast (14.8%), Colon (12.5%)

Rivaroxaban dosing: 15mg PO BID for 21 days, then 20mg daily  
 Edoxaban dosing: Parental anticoagulant for 5 days, then 30mg or 60mg daily  
 Apixaban dosing: 10mg BID for 7 days, then 5mg BID

\*Study population included patients who had active cancer and a history of cancer

# Work in Progress<sup>26,27</sup>

## Apixaban for the Treatment of Venous Thromboembolism in Patients With Cancer: A Prospective Randomized Open Blinded End-Point (Probe) Study [CARAVAGGIO]

Intervention:	Apixaban vs. Dalteparin
Primary Outcome:	Recurrent VTE (symptomatic or incidental)
Included Patients:	1168
Estimated Completion Date:	December 2019

## Summary of Primary Literature

### Hokusai VTE Cancer (edoxaban)

VTE: Similar Risk

Major Bleeding:

Increased Risk

CRNMB: Similar Risk

### SELECT-D (rivaroxaban)

VTE: Decreased Risk

Major Bleeding:

Similar Risk

CRNMB:

Increased Risk

### ADAM VTE (apixaban)

VTE: Decreased Risk

Major Bleeding:

Similar Risk

CRNMB: Similar Risk

## Comparison of Recommendations<sup>15-17</sup>

	CHEST	SSC of the ISTH	ASCO
<b>DOACs of Choice</b>	N/A	Edoxaban, Rivaroxaban	Edoxaban, Rivaroxaban
<b>When DOACs are preferred</b>	---	Low Risk of Bleeding No DDIs	---
<b>When LMWH is preferred</b>	All patients	High Risk of Bleeding GI Abnormalities Risk of Bleeding in High-Risk Sites	High Risk of Bleeding >40 kg/m <sup>2</sup> or >120kg Anticipated Nausea/Vomiting DDIs

## Recommendations Based on Primary Literature

### DOACs of Choice

- Recommend apixaban and rivaroxaban over edoxaban
- Recommend against the use of dabigatran
- Rivaroxaban 15mg PO BID x 21 days, then 20 mg daily
- Apixaban 10mg PO BID x 1 week, then 5mg BID
- Parenteral anticoagulant x 5d, then Edoxaban 60mg PO daily
- Duration of therapy: 6 months

### When DOACs are Preferred

- Patient preference
- Concern with adherence
- No drug-drug interactions
- Low bleeding risk

### When LMWH is Preferred

- Cancers with high risk of bleeding (e.g. GI cancer)
- Chemotherapy with high risk of bleeding
- Unable to tolerate PO meds
- Drug-drug interactions

## **Conclusion**

- I agree with suggestions from the SSC of the ISTH and ASCO guidelines regarding patient populations in which the use of LMWH and DOACs are appropriate.
- I recommend the use of apixaban and rivaroxaban over the use of edoxaban for treatment of cancer-associated venous thromboembolism.

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